

41 SAO SILVESTRE DA AMADORA 2015 - 31/12/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
1	1250	RUI SILVA	M	30		00:30:01	SPORTING CP
2	3	JOSE MOREIRA	M	30		00:30:03	SPORTING CP
3	1	RUI PINTO	M	30		00:30:14	SL BENFICA
4	6	HUGO CORREIA	M	30		00:30:23	SPORTING CP
5	2	YUSEF EL KALAI	M	30		00:30:44	SPORTING CP
6	4	EDUARDO MBENGANI	M	30		00:30:44	SPORTING CP
7	1261	JOSÉ ROCHA	M	30		00:31:05	OLIMPICO VIANENSE
8	1201	SERGIO SILVA	M	32		00:31:18	CPD AÇORES
9	12	CARLOS SILVA	M	30		00:31:59	GDR REBOLEIRA/ GFD
10	7	SAMUEL BARATA	M	30		00:32:00	SL BENFICA
11	944	TIAGO SILVA	M	19		00:32:01	C PEDRO PESSOA ESC ATLETISMO
12	1173	NUNO CARRAÇA	M	26		00:32:04	URCA
13	15	MUSSA DJAU	M	30		00:32:21	BEJA AC
14	1094	JOÃO L VIEIRA	M	30		00:32:26	NS TORRES NOVAS
15	1061	LUIS RAÇÕES	M	30		00:32:41	CF OS BELENENSES
16	46	JOAO P PEREIRA	M	19		00:32:51	SL BENFICA
17	1017	AUGUSTO COSTA	M	30		00:32:55	AMIGOS MONTANHA
18	576	ROGÉRIO BESSA	M	28		00:33:01	JOBRA
19	13	CARLOS CARDOSO	M	30		00:33:11	GDR REBOLEIRA/ GFD
20	959	ANTONIO SOUSA	M	30		00:33:33	GFD RUNNING
21	1203	PAULO PINHEIRO	M	38		00:33:38	ATLETISMO ADAPTADO
22	858	NUNO ROMÃO	M	30		00:33:39	GDR REBOLEIRA/ GFD
23	1258	HUGO GIL	M	18		00:33:40	INGLESES FC
24	951	MIGUEL R SILVA	M	28		00:33:44	INDIVIDUAL
25	525	MARIO FERREIRA	M	34		00:33:52	GARMIN/ CO OEIRAS
26	47	CATARINA RIBEIRO	F	30		00:33:55	SL BENFICA
27	9	ISMAEL QUEIROS	M	30		00:33:55	SL BENFICA
28	1217	RODRIGO SANTOS	M	22		00:33:58	SFRAA
29	856	HÉLDER GROSSO	M	33		00:33:59	GDR REBOLEIRA/ GFD
30	369	JORGE CRUZ	M	30		00:34:01	MAFRA COM VENTO ESTABIL
31	1211	PEDRO MARQUES	M	33		00:34:09	O PRATICANTE
32	141	VITOR OLIVEIRA	M	26		00:34:17	ASC VALE GRANDE
33	774	ANDRÉ DIAS	M	19		00:34:18	INDIVIDUAL
34	1300	VANESSA FERNANDES	F	30		00:34:19	SL BENFICA
35	1100	HELDER FERREIRA	M	40		00:34:20	UFCI TOMAR
36	245	JOÃO VAZ	M	47		00:34:21	CCD O ALVITEJO
37	1286	NUNO PEREIRA	M	29		00:34:25	HC RUNNERS
38	859	LUIS COELHO	M	42		00:34:32	GDR REBOLEIRA/ GFD
39	292	JOSÉ AZEVEDO	M	34		00:34:33	LINDA-A-PASTORA SC
40	217	DANIEL CAMPOS	M	32		00:34:35	MARINHA-CEFA
41	1136	JOÃO GINJA	M	50		00:34:35	NAZ ABÓBODA
42	1000	MIGUEL FORTUNATO	M	18		00:34:36	CORRER LISBOA
43	981	ANTÓNIO PINTO	M	40		00:34:36	GRD OS FIXES
44	567	CARLOS ALPOIM	M	33		00:34:39	CP RTP
45	655	JOÃO F BOA	M	29		00:34:41	CA ODIMARQ
46	862	EUGÉNIO NETO	M	53		00:34:42	GDR REBOLEIRA/ GFD
47	1231	CRISTIANO SCUTARU	M	19		00:34:46	MARATONA CP
48	1069	JOSÉ FERREIRA	M	36		00:34:47	CF OS BELENENSES
49	861	JOSÉ ANTUNES	M	49		00:34:48	GDR REBOLEIRA/ GFD
50	30	MONICA SILVA	F	30		00:34:49	SL BENFICA
51	1058	AMÉRICO PEREIRA	M	51		00:34:50	C BENFICA ALG M MARTINS
52	1225	CARLOS FERNANDES	M	39		00:34:51	SFRAA
53	482	PAULO ALVES	M	38		00:34:51	GDCT IN CASA MOEDA
54	1063	CARLOS FREITAS	M	44		00:34:52	CF OS BELENENSES
55	1374	TIAGO ROMÃO	M	26		00:34:59	INDIVIDUAL
56	28	DANIELA CUNHA	F	30		00:35:00	SPORTING CP
57	1396	AFONSO FEIJÃO	M	18		00:35:04	INDIVIDUAL
58	975	CARLA MARTINHO	F	30		00:35:08	ADERCUS
59	32	SUSANA FRANCISCO	F	30		00:35:20	JUVENTUDE VIDIGALENSE
60	1316	HUGO RAMALHO	M	37		00:35:21	ADERCUS
61	976	SÉRGIO LOPES	M	36		00:35:21	ADERCUS
62	1400	MARISA BARROS	F	30		00:35:25	SALGUEIROS
63	1200	JOSÉ AZEVEDO	M	27		00:35:29	ATLETISMO ADAPTADO
64	1241	EDGAR MONTEIRO	M	26		00:35:32	ADL APELAÇONENSES
65	25	LEONOR CARNEIRO	F	30		00:35:34	SPORTING CP
66	978	CUSTÓDIO ANTÓNIO	M	38		00:35:36	BEJA AC
67	446	EMILIA K PISOEIRO	F	29		00:35:38	SL BENFICA
68	552	NUNO ROCHA	M	39		00:35:38	INDIVIDUAL
69	888	RUBÉN L VERA	M	32		00:35:39	INDIVIDUAL
70	831	JOAQUIM M J LOPES	M	52		00:35:40	PORTO RUNNERS
71	343	JOSE C O D SILVA	M	45		00:35:41	ASS VALE GRANDE

72	27	VERA NUNES	F	30	00:35:43	SL BENFICA
73	1362	VERGILIO GOMES	M	47	00:35:44	DO RANGEL
74	1305	JOSE INACIO	M	50	00:35:56	GDR REBOLEIRA
75	963	FERNANDO PEREIRA	M	42	00:36:03	GFD RUNNING
76	29	VERA FERNANDES	F	30	00:36:04	RB RUNNING
77	55	FERNANDO MIRANDA	M	43	00:36:10	INDIVIDUAL
78	718	MANUEL MENDES	M	52	00:36:11	VITORIA SC
79	1176	VITORIANO VARELA	M	30	00:36:14	INDIVIDUAL
80	499	ANTONIO MURTEIRA	M	48	00:36:17	GRD RIBEIRA LAGE
81	643	DANIEL DIAS	M	24	00:36:19	GRCD LEIAO
82	745	BRUNO CARVALHO	M	36	00:36:20	BOAVISTA S MATEUS
83	607	ALEXANDRE SOARES	M	53	00:36:24	CA ODIMARQ
84	510	JOAO MIRANDA	M	45	00:36:26	CLUBE VODAFONE
85	753	ANTONIO D BRANCO	M	51	00:36:28	CR PENTEADO
86	257	NUNO SILVA	M	34	00:36:29	CAA BELEM
87	290	JOÃO CALDEIRA	M	54	00:36:30	LINDA-A-PASTORA SC
88	702	PAULO J S S CARVALHO	M	46	00:36:37	SC REBOLEIRA DAMAIA
89	716	SILVESTRE GOMES	M	60	00:36:38	BOAVISTA S MATEUS
90	594	JOSE A M MARTINS	M	50	00:36:38	INAPA
91	48	SOLANGE JESUS	F	30	00:36:40	SPORTING CP
92	199	JORGE COSME	M	43	00:36:40	ESC ATLETISMO CARTAXO
93	1224	CLÁUDIO PAULINO	M	34	00:36:41	SFRAA
94	1110	FLÁVIO SANTOS	M	19	00:36:42	FF PAZ MUNDIAL
95	919	NUNO TEIXEIRA	M	31	00:36:45	TRIATLO ATLÉTICO CP
96	1204	PAULO BENEVENTE	M	36	00:36:46	ATLETISMO ADAPTADO
97	846	JOAO M C M JORGE	M	21	00:36:48	GAIVOTA CLINICA DENTARIA
98	1297	VITOR A. LIMA	M	48	00:36:50	NUCLEOEIRAS
99	633	PEDRO M MONTEIRO	M	34	00:36:55	INDIVIDUAL
100	214	RICARDO OLIVEIRA	M	35	00:36:58	MARINHA-CEFA
101	26	SILVANA DIAS	F	30	00:37:10	SL BENFICA
102	1065	FERNANDO SANTOS	M	45	00:37:14	CF OS BELENENSES
103	475	JOAO J CORREIA	M	52	00:37:22	INDIVIDUAL
104	22	PAULO COSTA	M	49	00:37:22	RB RUNNING
105	490	JORGE RODRIGUES	M	49	00:37:24	NAZ ABÓBODA
106	611	HENRIQUE MEIRA	M	44	00:37:26	CA ODIMARQ
107	1039	SAMUEL RODRIGUES	M	19	00:37:41	C BENFICA ALG M MARTINS
108	1402	JESSICA MATOS	F	21	00:37:45	SALGUEIROS
109	383	PAULO ARRENEGA	M	49	00:37:45	UA POVOENSE
110	1363	RUBEN PINTO	M	36	00:37:47	RB RUNNING
111	1175	FRANCISCO MONTE	M	35	00:37:49	INDIVIDUAL
112	1062	RAQUEL TRABUCO	F	29	00:37:51	CF OS BELENENSES
113	1401	SARA CARVALHO	F	34	00:37:54	SALGUEIROS
114	1218	JOÃO CADETE	M	18	00:37:57	SFRAA
115	37	JOSE BORGES	M	39	00:37:58	AMINHACORRIDA/ KALENJI
116	970	RÚBEN A C FERREIRA	M	19	00:37:59	NS LOURINHÃ
117	806	MARCOLINO VERISSIMO	M	44	00:37:59	SS CGD
118	1010	LUIS PEREIRA	M	56	00:37:59	BEJA AC
119	202	MARGARIDA DIONÍSIO	F	28	00:38:01	ACR SRA DESTERRO
120	541	RUI HENRIQUES	M	36	00:38:04	SS MONTEPIO GERAL
121	1329	MIGUEL A MELO	M	19	00:38:06	INDIVIDUAL
122	291	MARCO BARROSO	M	30	00:38:07	LINDA-A-PASTORA SC
123	779	VITOR MARQUES	M	36	00:38:07	RUN F RIBEIRINHA PÓVOA STA IRIA
124	612	TIAGO MARTINS	M	25	00:38:10	CA ODIMARQ
125	519	RICARDO SANTOS	M	35	00:38:12	GARMIN/ CO OEIRAS
126	1194	JORGE PINA	M	39	00:38:13	ATLETISMO ADAPTADO
127	793	FERNANDO CANDEIAS	M	44	00:38:14	SS CGD
128	35	CARLA MACHADO	F	30	00:38:16	UD VARZEA
129	965	CARLOS GOMES	M	53	00:38:17	GFD RUNNING
130	1296	TIAGO D VERMELHO	M	30	00:38:19	NUCLEOEIRAS
131	277	ANTÓNIO FERREIRA	M	48	00:38:19	BLACKBULLS-CLUBE CONDEIXA
132	1059	NELSON CASANOVA	M	32	00:38:23	C BENFICA ALG M MARTINS
133	283	AIRES PRATAS	M	60	00:38:25	LINDA-A-PASTORA SC
134	16	MIGUEL TEIXEIRA	M	30	00:38:29	INDIVIDUAL
135	78	PEDRO MARQUES	M	40	00:38:29	GD CHELAS
136	17	SERGIO LIMA	M	30	00:38:30	RB RUNNING
137	1083	RICARDO DAMIAO	M	39	00:38:31	DO RANGEL
138	1151	SALVADOR AFONSO	M	61	00:38:32	GD SANTANDER TOTTA
139	579	ARETINO MOTA	M	53	00:38:34	LINDA-A-PASTORA SC
140	1142	LUIS MIGUEL SANTOS	M	33	00:38:35	AA MAFRA
141	126	DIDIER VALENTE	M	44	00:38:35	MONSANTO RT
142	50	JOSE CORTAFIOS	M	40	00:38:36	INDIVIDUAL
143	602	NUNO SILVA	M	38	00:38:38	M&B
144	990	MARCO PINTO	M	24	00:38:41	SC REBOLEIRA DAMAIA
145	264	LUIS F CARDOSO	M	27	00:38:41	AM Bº CV LUMIAR
146	146	CARLOS M A CAETANO	M	42	00:38:43	GRCD LEIAO
147	1254	PAULO COSTA	M	41	00:38:45	INDIVIDUAL

148	1192	PEDRO S MONTEIRO	M	32	00:38:46	INDIVIDUAL
149	213	MÁRIO ROSA	M	50	00:38:51	MARINHA-CEFA
150	701	ELIAS M FORTES	M	49	00:38:51	SC REBOLEIRA DAMAIA
151	315	NUNO GOMES	M	32	00:38:52	R4L
152	578	RUI LUZ	M	39	00:38:53	INDIVIDUAL
153	1145	DIOGO AZEVEDO	M	36	00:38:54	INDIVIDUAL
154	1295	SÉRGIO P PAIVA	M	43	00:38:55	NUCLEOIRAS
155	554	JOÃO F T SILVA	M	25	00:38:55	MAFRA COM VENTO ESTABIL
156	526	SOFIA MONTEIRO	F	30	00:38:57	GARMIN/ CO OEIRAS
157	449	FRANCISCO GAIO	M	52	00:38:58	FISIO-MASSAGEM
158	33	ALEXANDRE MONTEIRO	M	41	00:38:59	RB RUNNING
159	441	ANTÓNIO R LOPES	M	50	00:39:06	AD NUCLEO OEIRAS
160	857	JORGE CORREIA	M	44	00:39:08	GDR REBOLEIRA/ GFD
161	238	CARLOS MARQUES	M	49	00:39:10	NAZ ABÓBODA
162	700	LILIANA P ALEXANDRE	F	25	00:39:12	INDIVIDUAL
163	899	BRUNO MARRÃO	M	39	00:39:15	GO!RUNNERS
164	267	PAULO ROBALO	M	36	00:39:20	INDIVIDUAL
165	743	PAULO DELGADO	M	48	00:39:22	INDIVIDUAL
166	1429	PEDRO BARBOSA	M	35	00:39:25	INDIVIDUAL
167	1260	RITA MINEIRO	F	18	00:39:26	CDUL
168	860	PAULO MOREIRA	M	46	00:39:26	GDR REBOLEIRA/ GFD
169	961	NELSON GRAÇA	M	28	00:39:28	GFD RUNNING
170	31	KCENIA BOUGROVA	F	30	00:39:31	SPORTING CP
171	687	PEDRO ABOIM	M	20	00:39:35	C MILLENNIUM BCP
172	215	MANUEL SOUSA	M	44	00:39:39	MARINHA-CEFA
173	263	PEDRO J C GOUVEIA	M	47	00:39:40	INDIVIDUAL
174	1223	MÁRIO CRUZ	M	30	00:39:41	SFRAA
175	974	LICINIO MATOS	M	33	00:39:44	NDC ODEMIRA
176	1399	MARCO QUEDAS	M	31	00:39:45	ACR MEALHADA
177	1263	NUNO F. SILVA	M	39	00:39:46	INDIVIDUAL
178	147	GONÇALO SANTOS	M	34	00:39:46	CORRER LISBOA
179	452	LUIS MENDES	M	42	00:39:46	NAPA
180	1072	GONÇALO FERREIRA	M	43	00:39:46	CF OS BELENENSES
181	279	LUIS RODRIGUES	M	45	00:39:46	INDIVIDUAL
182	342	ANTÓNIO MADEIRA	M	55	00:39:47	C PRAÇAS ARMADA
183	1154	ANTÓNIO LOURO	M	42	00:39:49	GD SANTANDER TOTTA
184	1346	PATRÍCIA ROSADO	F	27	00:39:51	INDIVIDUAL
185	193	BRUNO M T SAFARA	M	35	00:39:51	AMICICLO GRANDÓLA
186	889	CLAUDIO CAMOVLHAS	M	32	00:39:51	CDR RIBEIRINHO
187	1008	LEONEL REIS	M	37	00:39:53	INDIVIDUAL
188	999	RICARDO JORGE	M	26	00:39:54	ATLETISMO ADAPTADO
189	1051	MANUEL GONÇALVES	M	54	00:39:55	C BENFICA ALG M MARTINS
190	754	JOÃO P C M A SILVA	M	35	00:39:56	SAMORUNNING - CORRER BENAVENTE
191	571	FERNANDO ALMEIDA	M	37	00:39:57	GELPEIXE
192	428	TIAGO M RIBEIRO	M	32	00:39:57	INDIVIDUAL
193	124	GIL XAVIER ALVES	M	39	00:39:57	UNIDOS MANUTENÇÃO
194	740	RUI OLIVEIRA	M	45	00:39:58	AÇOREANA C BANIF
195	115	TIAGO COSTA	M	36	00:39:58	WIKABOO
196	609	FELIX TAVEIRA	M	57	00:39:58	CA ODIMARQ
197	113	MIGUEL TEIXEIRA	M	42	00:39:59	INDIVIDUAL
198	707	NUNO M LOPES	M	39	00:39:59	CCD-AT
199	87	LUIÍS CIPRIANO	M	42	00:40:03	AMCR FONTE GRADA
200	488	ANTONIO REBELO	M	44	00:40:04	INDIVIDUAL
201	1317	CATARINA RODRIGUES	F	18	00:40:05	ADERCUS
202	1004	AURÉLIO AGUIAR	M	60	00:40:05	A VALE SILENCIO
203	1073	PEDRO PEREIRA	M	40	00:40:06	CF OS BELENENSES
204	1031	CARLOS PINHO	M	33	00:40:07	C BENFICA ALG M MARTINS
205	479	TIAGO SOUSA	M	33	00:40:07	AHBE
206	1003	RICARDO M M FOUTO	M	40	00:40:10	TEAM MF
207	903	ALEXANDRE CUNHA	M	47	00:40:12	O MUNDO DA CORRIDA
208	175	IVO PINA	M	43	00:40:13	INDIVIDUAL
209	194	RAUL B COELHO	M	38	00:40:16	INDIVIDUAL
210	610	ANTONIO PAIAS	M	58	00:40:17	CA ODIMARQ
211	338	PEDRO GABRIEL	M	41	00:40:17	CA AMIGOS PAQUE PAZ
212	1259	AFONSO MOREIRA	M	18	00:40:17	INGLESES FC
213	691	DAVID KARIM	M	37	00:40:20	AD REAL ACADEMIA
214	759	ANGELO SILVA	M	32	00:40:21	CCDT METRO LX
215	53	ANTONIO BILA	M	59	00:40:22	INDIVIDUAL
216	1334	JOSÉ M VIEIRA	M	53	00:40:23	PROAVENTURAS
217	755	HUGO BATISTA	M	41	00:40:27	INDIVIDUAL
218	995	PEDRO SEMEDO	M	43	00:40:29	SC REBOLEIRA DAMAIA
219	642	PEDRO RAMOS	M	40	00:40:31	GRCD LEIAO
220	1285	MÓNICA VIEIRA	F	40	00:40:34	UA POVOENSE
221	671	NELSON COSTA	M	32	00:40:34	C MILLENNIUM BCP
222	41	ISIDRO DUARTE	M	48	00:40:34	RB RUNNING
223	136	PAULO J C SILVA	M	43	00:40:35	NAZ ABÓBODA

224	462	JOÃO INÁCIO	M	19	00:40:38	ADCR PAINHO
225	120	MANUEL SOARES	M	51	00:40:40	UNIDOS MANUTENÇÃO
226	271	BRUNO AMARO	M	36	00:40:42	MONSANTO RT
227	1420	EDGAR MARTINS	M	32	00:40:43	INDIVIDUAL
228	1147	J PEDRO MARQUES	M	46	00:40:44	INDIVIDUAL
229	647	HERNANI J FERNANDES	M	44	00:40:45	INDIVIDUAL
230	38	TIAGO LOUSA	M	30	00:40:47	AMINHACORRIDA/ KALENJI
231	521	RUI LACERDA	M	43	00:40:47	GARMIN/ CO OEIRAS
232	967	VICTOR CARVALHO	M	53	00:40:48	GFD RUNNING
233	1027	LUIS ROUSSADO	M	45	00:40:48	C BENFICA ALG M MARTINS
234	368	JAIME MAURICIO	M	41	00:40:48	RUNLOVERS
235	1226	FILIPE BATISTA	M	30	00:40:49	SFRAA
236	676	PEDRO SILVA	M	49	00:40:50	C MILLENNIUM BCP
237	580	ALMIRO FEIJÃO	M	57	00:40:53	LINDA-A-PASTORA SC
238	1034	LUIS OLIVEIRA	M	45	00:40:55	C BENFICA ALG M MARTINS
239	1046	HELDER LOPES	M	46	00:40:55	C BENFICA ALG M MARTINS
240	527	EDMUNDO F F FONTE	M	53	00:40:55	INDIVIDUAL
241	266	TIAGO J ALVES	M	29	00:40:58	INDIVIDUAL
242	40	NUNO GONÇALVES	M	36	00:40:59	RB RUNNING
243	282	FERNANDO CHAMUSCA	M	65	00:41:00	LINDA-A-PASTORA SC
244	1199	JOÃO C. NARRA	M	46	00:41:01	INDIVIDUAL
245	396	JOSÉ MARCELINO	M	53	00:41:04	CD ESTRELA
246	1411	ANTÓNIO B COSTA	M	45	00:41:04	MONSANTO RUNNING
247	51	JOÃO S ANTUNES	M	45	00:41:05	WIKABOO
248	181	PAULA S CARDOSO	M	43	00:41:06	A JORGE PINA
249	355	NUNO ALMEIDA	M	36	00:41:07	GA MONSANTO GASCAN
250	1335	HENRIQUE J MATEUS	M	43	00:41:10	INDIVIDUAL
251	1158	ANASTACIO VALADAS	M	62	00:41:10	GD SANTANDER TOTTA
252	205	ALICE BASILIO	F	45	00:41:11	AA MAFRA
253	767	JOSE P CUNHA	M	52	00:41:15	CCDT METRO LX
254	39	TONY ALMEIDA	M	34	00:41:15	RB RUNNING
255	179	LUIS C A MESQUITA	M	41	00:41:18	INDIVIDUAL
256	503	JOAO OLIVEIRA	M	51	00:41:19	GRD RIBEIRA LAGE
257	1359	JOSÉ LOPES	M	51	00:41:20	DO RANGEL
258	1243	TIAGO A. MORAIS	M	28	00:41:21	INDIVIDUAL
259	896	JOÃO P OLIVEIRA	M	39	00:41:22	METRO 2011
260	1284	ORLANDO REBELO	M	58	00:41:22	INDIVIDUAL
261	1264	RUI GERALDES	M	42	00:41:24	RAIL RUNNERS
262	608	ANTONIO MOREIRA	M	52	00:41:25	CA ODIMARQ
263	476	JOAO CAETANO	M	33	00:41:26	INDIVIDUAL
264	275	RUI VIEIRA	M	46	00:41:28	PORTELA - RUNNING POINT
265	502	ELISABETE FILIPE	M	38	00:41:28	GRD RIBEIRA LAGE
266	1336	NELSON A COELHO	M	26	00:41:30	AA PEGO LONGO
267	930	CLÁUDIO ROCHA	M	41	00:41:33	LIS RUNNING CPA
268	42	PEDRO FERREIRA	M	48	00:41:34	RB RUNNING
269	840	NUNO M L RAPOSO	M	19	00:41:34	INDIVIDUAL
270	902	PAULO TELES	M	44	00:41:36	SAMORUNNING - CORRER BENAVENTE
271	1269	MARCO A V ALMEIDA	M	36	00:41:37	INDIVIDUAL
272	591	FERNANDO SANTIAGO	M	54	00:41:38	RUNLOVERS
273	1289	LUCÍLIA SOARES	F	53	00:41:40	INDIVIDUAL
274	91	JOSE M M DIAS	M	44	00:41:41	INDIVIDUAL
275	1356	ANTÓNIO VALE	M	58	00:41:42	DO RANGEL
276	201	BRUNO LEITE	M	32	00:41:42	INDIVIDUAL
277	36	PEDRO PEREIRA	M	30	00:41:43	AMINHACORRIDA/ KALENJI
278	303	PEDRO GOMES	M	57	00:41:43	LINDA-A-PASTORA SC
279	1360	JOSÉ FIGUEIREDO	M	56	00:41:44	DO RANGEL
280	307	EDGAR JACINTO	M	29	00:41:45	AUTOJACINTO
281	1406	PAULO LOPES	M	44	00:41:45	CARRASCO&AMIGOS
282	308	ANTÓNIO JACINTO	M	55	00:41:46	AUTOJACINTO
283	34	LUZIA DIAS	F	45	00:41:51	SPORTING CP
284	572	EDUARDO SANTOS	M	36	00:41:51	GELPEIXE
285	192	JOSE PIÇARRA	M	59	00:41:51	UA POVOENSE
286	845	MIGUEL PEREIRA	M	29	00:41:56	MONSANTO RT
287	1067	SARA MARINHO	F	25	00:41:57	CF OS BELENENSES
288	952	EDUARDO PENA	M	51	00:42:01	KEEP RUNNING
289	574	JOÃO A O VEIGA	M	56	00:42:03	C PEDRO PESSOA ESC ATLETISMO
290	606	JOAQUIM MARTINS	M	52	00:42:07	CA ODIMARQ
291	1255	SOFIA CAETANO	M	42	00:42:07	INDIVIDUAL
292	1357	JOSÉ MACHADO	M	59	00:42:09	DO RANGEL
293	848	PAULO MARQUES	M	39	00:42:11	GO!RUNNERS
294	1367	JOSÉ INOCÊNCIO	M	63	00:42:12	DO RANGEL
295	1404	SÉRGIO T VIEGAS	M	40	00:42:13	INDIVIDUAL
296	130	RUI P JULIÃO	M	50	00:42:13	GEORUNNERS
297	155	GONÇALO PAIS	M	39	00:42:14	
298	1222	MIGUEL MENEZES	M	43	00:42:15	SFRAA
299	1299	ANTÓNIO LAZERA MARTINS	M	49	00:42:15	INDIVIDUAL

300	546	ARMANDO J V DIAS	M	50	00:42:18	INDIVIDUAL
301	444	MÁRIO J M SANTOS	M	39	00:42:20	NASCIDOS PARA CORRER
302	1066	LUCIA OLIVEIRA	F	36	00:42:21	CF OS BELENENSES
303	1099	DINIS CARTAS	M	33	00:42:21	RUNNING
304	142	JOSE MOREIRA	M	39	00:42:24	ASC VALE GRANDE
305	484	ANTÓNIO MERUJO	M	56	00:42:24	SCU TORREENSE
306	773	NUNO RUELA	M	43	00:42:27	INDIVIDUAL
307	333	MIGUEL DAVID	M	45	00:42:28	INDIVIDUAL
308	375	JOSÉ P PENELA	M	37	00:42:31	CSB_RF
309	154	PAULO TABOAS	M	50	00:42:32	SALAMANDRECOS
310	810	PAULO PIRES	M	50	00:42:32	SS CGD
311	1064	JOÃO ROCHA	M	44	00:42:34	CF OS BELENENSES
312	79	RAUL RODRIGUES	M	57	00:42:36	GD CHELAS
313	901	PEDRO AGUIAR	M	49	00:42:38	INDIVIDUAL
314	892	MIGUEL ROCHA	M	44	00:42:39	INDIVIDUAL
315	1014	ARSÉNIO FERNANDES	M	60	00:42:42	ARSM
316	1220	JOÃO CORREIA	M	18	00:42:42	SFRAA
317	248	SÉRGIO MANSO	M	31	00:42:43	INDIVIDUAL
318	1326	AMÉLIA C COSTA	F	49	00:42:45	CCR ALTO MOINHO
319	983	PEDRO FARIA	M	39	00:42:45	CLUBE STRESS
320	1390	NUNO CARVALHO	M	35	00:42:50	INDIVIDUAL
321	1041	HELDER MARTINS	M	46	00:42:50	C BENFICA ALG M MARTINS
322	169	PEDRO RUNA	M	41	00:42:52	ADL APELAÇONENCES
323	95	SONIA TUBAL	F	38	00:42:55	MONSANTO RT
324	1307	GABRIEL GONÇALVES	M	60	00:42:55	INDIVIDUAL
325	86	SÉRGIO R L C PEREIRA	M	50	00:42:56	INDIVIDUAL
326	1092	PAULO RIBEIRO	M	44	00:42:58	DO RANGEL
327	258	JOÃO S NUNES	M	52	00:42:59	INDIVIDUAL
328	1370	LINO M SANTOS	M	51	00:43:00	NUCLEOIRAS
329	216	INOCÊNCIO AMORIM	M	37	00:43:00	MARINHA-CEFA
330	121	RUI CARDOSO	M	44	00:43:02	UNIDOS MANUTENÇÃO
331	268	SÉRGIO PIRES	M	38	00:43:04	INDIVIDUAL
332	133	LÚIS TRINDADE	M	37	00:43:05	INDIVIDUAL
333	841	ANTÓNIO C F VALE	M	28	00:43:06	OS CONTA-KILÓMETROS
334	227	PAULO S C ALVES	M	45	00:43:10	INDIVIDUAL
335	166	LUIS BATATA	M	38	00:43:11	VILA FRIA JG SEGUROS
336	1162	RUI MACHINHO	M	39	00:43:11	GD SANTANDER TOTTA
337	626	EUGÉNIO RUIVO	M	62	00:43:11	INDIVIDUAL
338	1210	CATIA MARQUES	F	36	00:43:13	O PRATICANTE
339	855	PAULO A CALDEIRA	M	37	00:43:13	INDIVIDUAL
340	940	JOAQUIM COELHO	M	41	00:43:13	INDIVIDUAL
341	139	JOSE SILVA	M	52	00:43:18	ODIMARQ
342	927	HUGO GOMES	M	32	00:43:18	SAMORUNNING - CORRER BENAVENTE
343	1361	LUIS ALVES	M	46	00:43:19	DO RANGEL
344	617	MARIA LUCAS	F	48	00:43:20	INDIVIDUAL
345	1086	JOÃO SANTOS	M	57	00:43:21	DO RANGEL
346	1118	JOSÉ NUNES	M	47	00:43:21	INDIVIDUAL
347	696	ANGELO FELGUEIRAS	M	51	00:43:25	INDIVIDUAL
348	1087	JOÃO SOARES	M	62	00:43:25	DO RANGEL
349	1102	JOEL RODRIGUES	M	36	00:43:28	INDIVIDUAL
350	686	LUIS GONÇALVES	M	38	00:43:28	C MILLENNIUM BCP
351	1349	ORLANDO CORREIA	M	44	00:43:29	AB CAMPOLIDE
352	1032	ALCINO ALMEIDA	M	57	00:43:30	C BENFICA ALG M MARTINS
353	454	ALBERTO ARAUJO	M	42	00:43:30	RB RUNNING
354	542	SERGIO SANTOS	M	43	00:43:30	INDIVIDUAL
355	962	FERNANDO LOPES	M	45	00:43:33	GFD RUNNING
356	1341	FRANCISCO L HENRIQUES	M	19	00:43:34	INDIVIDUAL
357	505	POMPEU AIRES	M	49	00:43:35	GRD RIBEIRA LAGE
358	504	JOAO MARQUES	M	50	00:43:35	GRD RIBEIRA LAGE
359	947	LUIS FILIPE JORGE	M	20	00:43:35	GAIVOTA CLINICA DENTARIA
360	775	SÉRGIO N M B PONTES	M	38	00:43:36	TARTARUGAS SOLIDÁRIAS
361	140	CARLOS M P VISEU	M	46	00:43:39	INDIVIDUAL
362	435	PEDRO CARRASQUEIRA	M	35	00:43:39	SRD CHELEIRENSE
363	471	PAULO BRITO	M	44	00:43:39	SPORTING CP
364	206	JOÃO C LOURENÇO	M	53	00:43:41	SALAMANDRECOS
365	252	ÓSCAR SANTOS	M	58	00:43:42	CA PATAMEIRAS
366	302	JOAO LOURENCO	M	50	00:43:43	AMIGOS DO JAMOR
367	957	LUIS M A N VALVERDE	M	50	00:43:43	C PEDRO PESSOA ESC ATLETISMO
368	713	ALEXANDRE DIAS	M	46	00:43:43	JOMA
369	422	ARTUR GONÇALVES	M	40	00:43:44	AA LEBRES SADO
370	309	JOÃO F H MICAEL	M	30	00:43:47	INDIVIDUAL
371	997	EMANUEL FREITAS	M	52	00:43:49	CENTURY21 CÁTISOL
372	451	JOÃO GONÇALVES	M	39	00:43:51	INDIVIDUAL
373	926	MADALENA FONTINHAS	F	33	00:43:52	SAMORUNNING - CORRER BENAVENTE
374	320	CANDIDO MARQUES	M	35	00:43:55	RAIL RUNNERS
375	1135	ILDEBRANDO J P AIRES	M	39	00:43:58	INDIVIDUAL

376	138	RUI MARINO	M	41	00:43:59	JOBRINDE - MONTES SALOIOS
377	603	SANDRA BARROS	F	44	00:44:00	VALEJAS AC
378	929	BRUNO PISSARRA	M	39	00:44:01	CORRER LISBOA
379	663	CARLOS FOLGADO	M	55	00:44:02	CARRASCO & AMIGOS
380	195	LUIS M MATIAS	M	49	00:44:02	PESTE & SINDAS
381	448	ANTÓNIO MARÇAL	M	56	00:44:03	INDIVIDUAL
382	1106	HUGO COSTA	M	36	00:44:05	KEEP RUNNING
383	935	ANTONIO FERNANDES	M	52	00:44:05	INDIVIDUAL
384	434	HUGO BORGES	M	33	00:44:07	SRD CHELEIRENSE
385	885	LUIS MARQUES	M	40	00:44:09	INDIVIDUAL
386	825	JOSE FIGUEIREDO	M	59	00:44:09	INDIVIDUAL
387	473	JORGE NUNES	M	49	00:44:09	INDIVIDUAL
388	280	CARLOS PORFÍRIO	M	64	00:44:10	O MUNDO DA CORRIDA
389	489	JOÃO PAIXÃO	M	44	00:44:14	NA PERNA ASSADA
390	1085	DOMINGOS PENEDO	M	57	00:44:14	DO RANGEL
391	796	ISABEL MOLEIRO	F	48	00:44:15	SS CGD
392	177	CARLOS M MARQUES	M	37	00:44:15	INDIVIDUAL
393	340	PEDRO MOREIRA	M	42	00:44:17	GD INE
394	344	VÍTOR AMADO	M	62	00:44:19	GRD OS FIXES
395	750	PAULO J O SIMÕES	M	35	00:44:19	INDIVIDUAL
396	827	AUGUSTO LOPES	M	61	00:44:20	GD SANTANDER TOTTA
397	173	PAULO J S FERREIRA	M	38	00:44:21	INDIVIDUAL
398	491	PAULA PENEDO	F	38	00:44:23	NAZ ABÓBODA
399	1074	PEDRO FARINHA	M	43	00:44:24	CF OS BELENENSES
400	1095	TIAGO M O BRANDÃO	M	30	00:44:27	RUNNING
401	719	HÉLIO PALMA	M	33	00:44:29	CCD TRANQUILIDADE
402	226	PEDRO M R C LIMA	M	49	00:44:29	INDIVIDUAL
403	760	CARLOS N SILVA	M	54	00:44:30	CCDT METRO LX
404	915	BRUNO SEMEDO	M	37	00:44:32	CCD-AT
405	80	JOSE SERRA	M	52	00:44:33	GD CHELAS
406	742	MARGARIDA R AMARO	F	38	00:44:34	MONSANTO RT
407	1131	MÁRIA SANTOS	F	33	00:44:34	INDIVIDUAL
408	123	FERNANDO GOMES	M	42	00:44:35	UNIDOS MANUTENÇÃO
409	1373	MANUEL G SILVA	M	45	00:44:36	INDIVIDUAL
410	409	NUNO MESTRE	M	41	00:44:37	UNIDOS MANUTENÇÃO
411	1233	MANUEL G. SILVA	M	56	00:44:40	INDIVIDUAL
412	420	PAULO ALMEIDA	M	48	00:44:40	INDIVIDUAL
413	1139	HELENA MARTINS	F	54	00:44:41	AA MAFRA
414	830	ACÁCIO CONCEIÇÃO	M	53	00:44:43	INDIVIDUAL
415	925	PEDRO BARREIRÃO	M	29	00:44:43	INDIVIDUAL
416	1071	ANDRÉ MENDONÇA	M	32	00:44:44	CF OS BELENENSES
417	507	ANDRE OLIVEIRA	M	29	00:44:45	GRD RIBEIRA LAGE
418	627	JOSÉ A P MONTEIRO	M	59	00:44:45	INDIVIDUAL
419	1090	LUISA SANTO	F	48	00:44:46	DO RANGEL
420	704	LUIS M M MONTEIRO	M	44	00:44:47	INDIVIDUAL
421	790	DAVID FAUSTINO	M	50	00:44:49	SS CGD
422	1180	JOSÉ F JESUS	M	50	00:44:49	INDIVIDUAL
423	1160	FILIPE PINTO	M	30	00:44:50	GD SANTANDER TOTTA
424	1144	TIAGO TELES	M	31	00:44:50	
425	1219	LEONARDO LOPES	M	21	00:44:51	SFRAA
426	477	JORGE SOBRINHO	M	46	00:44:51	CAFE CARTOON RT
427	826	MIGUEL BOLOU	M	52	00:44:52	INDIVIDUAL
428	1320	JOSÉ C NUNES	M	48	00:44:52	INDIVIDUAL
429	1245	NUNO FRANCO	M	42	00:44:53	INDIVIDUAL
430	498	FERNANDO CORREIA	M	50	00:44:53	GRD RIBEIRA LAGE
431	316	ALEXANDRE SANTOS	M	44	00:44:54	INDIVIDUAL
432	506	AMADEU BRIGAS	M	49	00:44:54	GRD RIBEIRA LAGE
433	1098	ANTÓNIO COELHO	M	59	00:44:56	RUNNING
434	523	SUSANA ALMEIDA	F	45	00:44:58	GARMIN/ CO OEIRAS
435	979	RICARDO PASCOAL	M	33	00:44:58	GRD OS FIXES
436	717	TELMO PEDRO	M	37	00:44:59	AJ PINA
437	453	CÉLIA CECILIO	F	43	00:45:01	NAPA
438	176	RUI SILVA	M	43	00:45:01	INDIVIDUAL
439	317	CARLOS CRAVEIRA	M	44	00:45:03	GRCD LEIAO
440	652	RUI LARANJEIRO	M	42	00:45:04	CA AMIGOS PARQUE PAZ
441	1117	LIBERTO SANTOS	M	48	00:45:04	INDIVIDUAL
442	893	CARLOS A S SANTOS	M	41	00:45:04	INDIVIDUAL
443	108	RUI ANTUNES	M	49	00:45:05	INDIVIDUAL
444	1025	NARCISO SÁ	M	48	00:45:06	C BENFICA ALG M MARTINS
445	884	BRUNO SILVA	M	41	00:45:07	INDIVIDUAL
446	1150	DIOGO LEITE	M	28	00:45:08	CENAS RUNNING
447	1132	ANTONIO RICO	M	43	00:45:10	JOBRINDE - MONTES SALOIOS
448	847	HELENA MOURAÃO	F	55	00:45:11	GDC CASTELO PAIVA
449	76	TIAGO M GABRIEL	M	28	00:45:13	INDIVIDUAL
450	673	PAULO SOUSA	M	53	00:45:13	C MILLENNIUM BCP
451	412	BRUNO L MARTINHO	M	30	00:45:16	CSB_RF
452	393	RUI SILVA	M	45	00:45:16	CD ESTRELA

453	1013	PEDRO TORRINHA	M	39	00:45:16	SS CGD
454	985	APOLO PEREIRA	M	46	00:45:20	SC REBOLEIRA DAMAIA
455	1408	HELDER BATISTA	M	45	00:45:21	CARRASCO&AMIGOS
456	360	ANTÓNIO ORLANDO	M	39	00:45:22	INDIVIDUAL
457	43	CARLOS ANSELMO	M	45	00:45:23	RB RUNNING
458	357	PEDRO CANELAS	M	43	00:45:24	INDIVIDUAL
459	854	PAULO ROCHA	M	34	00:45:24	GR JANZ ASSOCIADOS
460	186	JOÃO CABELEIRA	M	42	00:45:25	CLUBE STRESS
461	1029	ALBINO NEIVA	M	70	00:45:26	C BENFICA ALG M MARTINS
462	548	PEDRO RIBEIRO	M	38	00:45:27	ESTRELAS DE LUZ
463	336	BRUNO BERNARDO	M	37	00:45:29	INDIVIDUAL
464	582	RUI R V R M C GOMES	M	33	00:45:29	CORRER LISBOA
465	1053	LUIS BARBOSA	M	45	00:45:32	C BENFICA ALG M MARTINS
466	495	VASCO ALPALHÃO	M	45	00:45:36	ALPALHAO
467	107	JAIME BEATO	M	40	00:45:38	RUN F RIBEIRINHA PÓVOA STA IRIA
468	150	VITOR SARAIVA	M	46	00:45:40	FALCOES SELVAGENS
469	512	ANTONIO ALMEIDA	M	44	00:45:41	GARMIN/ CO OEIRAS
470	1196	Mª ODETE FIUZA	F	43	00:45:42	ATLETISMO ADAPTADO
471	1268	NUNO NAIÁ	M	41	00:45:43	GDINE
472	371	HENRIQUE SIMAO	M	48	00:45:44	JOBRINDE - MONTES SALOIOS
473	1347	ANA PEREIRA	F	42	00:45:45	NUCLEOEIRAS
474	703	JOSÉ S REIS	M	62	00:45:47	SC REBOLEIRA DAMAIA
475	347	MANUEL ARAÚJO	M	54	00:45:48	GRD OS FIXES
476	678	JOSE FARINHA	M	40	00:45:48	C MILLENNIUM BCP
477	1009	AMERICO SANTOS	M	47	00:45:49	INDIVIDUAL
478	921	NUNO SERRÃO	M	32	00:45:49	INDIVIDUAL
479	1236	ANDRÉ T. R. SILVA	M	25	00:45:49	INDIVIDUAL
480	73	BRUNO RIBEIRO	M	35	00:45:54	KANINOS
481	863	MÁRIO MIGUEL	M	65	00:45:56	GDR REBOLEIRA/ GFD
482	1386	ROGÉRIO MACHADO	M	30	00:45:58	INDIVIDUAL
483	1355	MÁRIO L RAMOS	M	57	00:45:58	INDIVIDUAL
484	128	LUÍS CORREIA	M	39	00:45:59	CRIMINALISTIC RUNNERS
485	366	LUIS FERREIRA	M	49	00:46:00	RUNLOVERS
486	989	FRANCISCO MULETA	M	60	00:46:00	SC REBOLEIRA DAMAIA
487	1427	ANA SOBREIRA	F	44	00:46:01	INDIVIDUAL
488	692	GABRIEL HENRIQUES	M	21	00:46:02	AD REAL ACADEMIA
489	758	HUMBERTO BRITO	M	40	00:46:04	CCDT METRO LX
490	549	LUIS AMORIM	M	57	00:46:04	INDIVIDUAL
491	1405	LUIS A VIEGAS	M	42	00:46:06	INDIVIDUAL
492	1322	RUI TOSCANO	M	42	00:46:07	INDIVIDUAL
493	57	MANUEL J L ALVES	M	36	00:46:07	INDIVIDUAL
494	170	CARLOS B S S V GRADE	M	41	00:46:09	INDIVIDUAL
495	819	LUIS QUENTAL	M	49	00:46:09	SS CGD
496	212	ABEL GONÇALVES	M	37	00:46:13	MARINHA-CEFA
497	795	HENRIQUE AMADOR	M	44	00:46:13	SS CGD
498	250	ANTÓNIO MORAIS	M	62	00:46:16	CA PATAMEIRAS
499	1327	ANTONIO M BARBOSA	M	35	00:46:17	INDIVIDUAL
500	720	MANUEL VICTORINO	M	75	00:46:18	CCD O ALVITEJO
501	105	RUBEN L ALMEIDA	M	28	00:46:18	HERBARUNNERS
502	660	JÁCOME D M SILVA	M	35	00:46:18	INDIVIDUAL
503	56	ANGELO A T FERNANDES	M	42	00:46:20	INDIVIDUAL
504	251	INÉS SANTOS	F	26	00:46:21	CA PATAMEIRAS
505	403	ANDRÉ WIBORG	M	57	00:46:21	WL84
506	613	EDUARDO TANGANHITO	M	68	00:46:22	CA ODIMARQ
507	389	ABÍLIO MARINHO	M	46	00:46:23	CD ESTRELA
508	1052	AGOSTINHO CRISTINO	M	67	00:46:24	C BENFICA ALG M MARTINS
509	1371	MANUEL VALENÇA	M	35	00:46:26	INDIVIDUAL
510	1358	MANUEL ARAÚJO	M	54	00:46:26	DO RANGEL
511	1028	JOÃO M SANTOS	M	21	00:46:27	C BENFICA ALG M MARTINS
512	351	CARLOS COELHO	M	54	00:46:27	GA MONSANTO GASCAN
513	1040	JOSE CANHOTO	M	65	00:46:28	C BENFICA ALG M MARTINS
514	54	MARTA M S ANDRADE	F	40	00:46:29	TREINO EM CASA
515	321	JOSÉ LUÍS DIAS	M	49	00:46:31	RAIL RUNNERS
516	1075	LEONEL J SELEIRO	M	58	00:46:33	DO RANGEL
517	1080	FRANCISCO A PESSOA	M	42	00:46:33	DO RANGEL
518	913	FRANCISCO COSTA	M	40	00:46:35	JF LOURES
519	101	NELSON RISSO	M	39	00:46:35	INDIVIDUAL
520	1426	NUNO MOLEIRO	M	38	00:46:37	INDIVIDUAL
521	924	NUNO ORIOLA	M	37	00:46:38	REAB FUNCIONAL DESPORTIVA
522	1198	GONÇALO NUNO	M	37	00:46:40	
523	522	SANDRA ROMANO	F	34	00:46:43	GARMIN/ CO OEIRAS
524	1048	CARLOS OLEASTRO	M	52	00:46:43	C BENFICA ALG M MARTINS
525	651	CARLOS CALADO	M	42	00:46:45	INDIVIDUAL
526	129	FERNANDO RODRIGUES	M	39	00:46:46	CRIMINALISTIC RUNNERS
527	958	HEITOR GOMES	M	43	00:46:47	GEORUNNERS
528	852	JOSÉ GABRIEL	M	58	00:46:47	INDIVIDUAL

529	1240	JOÃO C. C. PEREIRA	M	52	00:46:47	AC PORTALEGRE
530	1012	NUNO ABREU	M	40	00:46:47	SS CGD
531	1113	JOÃO M FERREIRA	M	45	00:46:48	INDIVIDUAL
532	274	RUI GAMEIRO	M	42	00:46:49	CP RTP
533	404	FRANCISCO CURTINHA	M	57	00:46:49	C SARGENTO ARMADA
534	769	MANUEL A G ALVES	M	48	00:46:53	INDIVIDUAL
535	402	FERNANDO FARIA	M	35	00:46:54	INDIVIDUAL
536	808	ORLINDO FIGUEIREDO	M	67	00:46:55	SS CGD
537	442	HELDER SILVA	M	41	00:47:00	INDIVIDUAL
538	314	DAVID GONÇALVES	M	48	00:47:01	INDIVIDUAL
539	1244	PEDRO CARDOSO	M	42	00:47:01	INDIVIDUAL
540	621	LUIS VIDOIRA	M	58	00:47:02	INDIVIDUAL
541	287	DIOGO ALAGADOR	M	41	00:47:02	LINDA-A-PASTORA SC
542	516	PAULA FERNANDES	F	50	00:47:04	GARMIN/ CO OEIRAS
543	1381	MAHENDRASINH BASSANGY	M	51	00:47:04	INDIVIDUAL
544	878	EDGAR FERNANDES	M	27	00:47:05	INDIVIDUAL
545	768	JOÃO P CUNHA	M	19	00:47:05	CCDT METRO LX
546	1167	EDUARDO LEITE	M	39	00:47:06	INDIVIDUAL
547	818	TIAGO AVELAS	M	40	00:47:08	SS CGD
548	1205	BRUNO SILVA	M	37	00:47:09	ATLETISMO ADAPTADO
549	1068	MARISA COSTA	F	36	00:47:10	CF OS BELENENSES
550	372	JOSE NETO	M	58	00:47:11	TEAM NETO
551	332	ANTONIO PINTO	M	42	00:47:12	INDIVIDUAL
552	323	TIAGO FERREIRA	M	19	00:47:13	RAIL RUNNERS
553	531	PAULO GUILHERME	M	36	00:47:13	INDIVIDUAL
554	1043	JORGE SANTOS	M	62	00:47:15	C BENFICA ALG M MARTINS
555	587	EDUARDO LUÍS	M	37	00:47:16	ATOMIC TEAM
556	211	ROGÉRIO M VENANCIO	M	61	00:47:16	O MUNDO DA CORRIDA
557	589	ALMERINDO SILVA	M	50	00:47:17	INDIVIDUAL
558	1026	RUI EMÍDIO	M	59	00:47:18	C BENFICA ALG M MARTINS
559	165	JOSÉ BARRINHA	M	45	00:47:18	VILA FRIA JG SEGUROS
560	1265	PEDRO VICENTE	M	38	00:47:19	INDIVIDUAL
561	752	JORGE NABAIS	M	33	00:47:20	INDIVIDUAL
562	60	PEDRO MENDES	M	44	00:47:23	INDIVIDUAL
563	688	JOSE ALMEIDA	M	46	00:47:26	C MILLENNIUM BCP
564	152	MIGUEL SAN-PAYO	M	53	00:47:27	RUN 4 FUN
565	111	ALEXANDRE DOMINGOS	M	42	00:47:28	INDIVIDUAL
566	616	CYNTHIA MARTINEZ	F	33	00:47:36	INDIVIDUAL
567	461	RENATO INÁCIO	M	54	00:47:36	ADCR PAINHO
568	496	MANUEL SOBRAL	M	59	00:47:38	INDIVIDUAL
569	1153	TIAGO DOMINGUES	M	38	00:47:39	GD SANTANDER TOTTA
570	1309	PEDRO M MACEDO	M	40	00:47:39	INDIVIDUAL
571	1395	MIGUEL JUDAS	M	42	00:47:40	INDIVIDUAL
572	273	PAULO J A G NUNES	M	43	00:47:41	INDIVIDUAL
573	401	DUARTE COSTA	M	19	00:47:41	CD ESTRELA
574	689	ALVARO PINTO	M	58	00:47:43	AD REAL ACADEMIA
575	762	HUGO PINTO	M	40	00:47:44	CCDT METRO LX
576	618	JOÃO FAUSTINO	M	42	00:47:45	CLUBE STRESS
577	690	JOSE HENRIQUES	M	44	00:47:46	AD REAL ACADEMIA
578	260	ALEXANDRE J G COSTA	M	24	00:47:47	INDIVIDUAL
579	478	PEDRO SANTOS	M	33	00:47:48	INDIVIDUAL
580	619	FRANCISCO ALMEIDA	M	39	00:47:48	CLUBE STRESS
581	117	CARLOS NORONHA	M	35	00:47:49	INDIVIDUAL
582	310	DINIS RIBAS	M	44	00:47:51	DES LAMEIRA GRANDE
583	1376	NUNO PEREIRA	M	39	00:47:52	INDIVIDUAL
584	339	BART SCHOENMAKERS	M	47	00:47:53	GD INE
585	395	JOSÉ GALAMBA	M	65	00:47:54	CD ESTRELA
586	94	RUI A V SANTOS	M	35	00:47:54	INDIVIDUAL
587	191	HELDER M C CABANA	M	41	00:47:55	INDIVIDUAL
588	1164	MÓNICA V F DOMINGOS	F	24	00:47:56	INDIVIDUAL
589	399	MANUEL MARTINS	M	70	00:47:56	CD ESTRELA
590	392	RUI TRINDADE	M	46	00:47:56	CD ESTRELA
591	500	FERNANDA CAMACHO	F	44	00:47:58	GRD RIBEIRA LAGE
592	956	PEDRO M C TORRES	M	36	00:47:58	INDIVIDUAL
593	1148	PEDRO SERRA	M	39	00:48:01	CORRER LISBOA
594	156	HUGO PAULO	M	38	00:48:01	INDIVIDUAL
595	1159	JOSÉ C PEREIRA	M	46	00:48:05	GD SANTANDER TOTTA
596	180	DANIEL RAMOS	M	39	00:48:06	JOBRINDE - MONTES SALOIOS
597	89	PAULO J S SOUSA	M	45	00:48:07	INDIVIDUAL
598	406	JOSÉ GOUVEIA	M	47	00:48:08	C SARGENTO ARMADA
599	1213	ARTUR BASILIO	M	40	00:48:10	O PRATICANTE
600	298	CARLOS A L SIMÕES	M	36	00:48:11	VILA SECA RUN TEAM
601	835	JOÃO FONSECA	M	46	00:48:11	AMCF - ARRÁBIDA TRAIL TEAM
602	1115	ANTÓNIO J VARELA	M	49	00:48:13	INDIVIDUAL
603	485	ANTONIO SOUSA	M	47	00:48:14	KANINOS
604	1030	ANTÓNIO VALE	M	48	00:48:14	C BENFICA ALG M MARTINS
605	1351	MANUEL FONSECA	M	52	00:48:15	AB CAMPOLIDE

606	877	CARLOS E B CRUZ	M	39	00:48:16	INDIVIDUAL
607	407	HENRIQUE ALVAREDO	M	58	00:48:18	C SARGENTO ARMADA
608	204	ANTÓNIO R PEREIRA	M	53	00:48:19	C COLAB AXA
609	474	TIAGO MARQUES	M	33	00:48:20	GRCD LEIAO
610	1313	PEDRO TRABUCHO	M	51	00:48:20	BPI RUNNERS
611	359	EDUARDO MIGUEL	M	28	00:48:20	INDIVIDUAL
612	322	LUÍS FERREIRA	M	48	00:48:24	RAIL RUNNERS
613	445	JOÃO VERISSIMO	M	57	00:48:27	INDIVIDUAL
614	299	ROMÃO BANDARRINHA	M	78	00:48:27	INDIVIDUAL
615	1111	ISABEL SANTOS	F	46	00:48:28	FF PAZ MUNDIAL
616	306	JORGE MIMOSO	M	44	00:48:28	INDIVIDUAL
617	243	JORGE F NUNES	M	37	00:48:28	INDIVIDUAL
618	815	SEBASTIAO BARATA	M	46	00:48:29	SS CGD
619	1345	DOMINGOS RODRIGUES	M	50	00:48:31	INDIVIDUAL
620	1155	RUI CUNHA	M	49	00:48:34	GD SANTANDER TOTTA
621	992	PAULA CARDOSO	F	39	00:48:35	SC REBOLEIRA DAMAIA
622	955	JOAO CALISTO	M	55	00:48:35	INDIVIDUAL
623	797	JOAO CABRITO	M	52	00:48:37	SS CGD
624	693	DANIEL NUNES	M	56	00:48:39	AD REAL ACADEMIA
625	1239	JOÃO P. F. SILVA	M	45	00:48:39	INDIVIDUAL
626	1407	JOAQUIM GUERRA	M	52	00:48:40	CARRASCO&AMIGOS
627	849	DULCINIO VASCONCELOS	M	39	00:48:40	GO!RUNNERS
628	635	PEDRO REIS	M	40	00:48:40	OS GLORIOSOS
629	1081	MANUEL A RODRIGUES	M	57	00:48:41	DO RANGEL
630	914	VITOR TEIXEIRA	M	43	00:48:43	JF LOURES
631	741	FILIPE RODRIGUES	M	38	00:48:43	INDIVIDUAL
632	953	PEDRO DIAS	M	41	00:48:44	KEEP RUNNING
633	1232	JOSÉ M. S. LOPES	M	49	00:48:44	INDIVIDUAL
634	261	EDUARDO RIBEIRO	M	31	00:48:45	INDIVIDUAL
635	20	PAULO RODRIGUES	M	53	00:48:45	ESC MOVIMENTO
636	1093	RICARDO MACEDO	M	24	00:48:46	DO RANGEL
637	1365	ORLANDO MARTINS	M	62	00:48:46	DO RANGEL
638	820	VITOR BARATA	M	56	00:48:50	SS CGD
639	382	RUI LOPES	M	28	00:48:52	CSB_RF
640	986	ANTÓNIO CARDOSO	M	44	00:48:52	SC REBOLEIRA DAMAIA
641	443	CARLOS RANGEL	M	62	00:48:52	INDIVIDUAL
642	684	ANTONIO ALMEIDA	M	49	00:48:52	C MILLENNIUM BCP
643	81	VICTOR DIAS	M	49	00:48:53	GD CHELAS
644	584	SÉRGIO EIRA	M	43	00:48:53	INDIVIDUAL
645	628	JOAQUIM M FERRÃO	M	55	00:48:54	INDIVIDUAL
646	563	JOÃO C R ÁLVARO	M	25	00:48:55	VITORIA C BENQUERENÇAS
647	426	MIGUEL CASTELA	M	45	00:48:56	AA LEBRES SADO
648	1078	ALBERTO P FERNANDES	M	62	00:48:57	DO RANGEL
649	634	CLAUDIO GONÇALVES	M	33	00:48:58	INDIVIDUAL
650	1107	ALBERTO L M MATIAS	M	58	00:48:59	INDIVIDUAL
651	731	CARLOS FONSECA	M	55	00:48:59	AÇOREANA C BANIF
652	1188	CARLOS CORREIA	M	51	00:48:59	INDIVIDUAL
653	824	PAULO GONCALVES	M	44	00:49:01	INDIVIDUAL
654	699	JORGE D PINHEIRO	M	49	00:49:02	RUN 4 FUN
655	646	PAULO MENDES	M	41	00:49:02	GRCD LEIAO
656	564	JOÃO J V MARTINS	M	51	00:49:03	VITORIA C BENQUERENÇAS
657	1116	PAULO J A MATEUS	M	50	00:49:03	LINDA-A-PASTORA SC
658	1179	JORGE M BRITO	M	45	00:49:04	INDIVIDUAL
659	880	MANUEL NASCIMENTO	M	57	00:49:04	CA AMIGOS PAQUE PAZ
660	1353	ANDRÉ CHAPA	M	26	00:49:04	AB CAMPOLIDE
661	167	JOSE MIRANDA	M	50	00:49:05	GFD RUNNING
662	365	LUIZA PALMINHAS	F	46	00:49:07	RUNLOVERS
663	562	ANA T MOUTINHO	F	41	00:49:08	INDIVIDUAL
664	977	JOSE MOURA	M	59	00:49:08	INDIVIDUAL
665	198	RICARDO FERREIRA	M	30	00:49:09	INDIVIDUAL
666	1338	CARLOS F HELENO	M	35	00:49:10	INDIVIDUAL
667	70	JOSÉ TAVARES	M	47	00:49:12	3 DELTA
668	178	MIGUEL PEREIRA	M	41	00:49:13	PI-LINHA RUNNERS
669	161	RUI M DIAS	M	40	00:49:14	PI-LINHA RUNNERS
670	1274	JOÃO C RODRIGUES	M	36	00:49:15	LEVITANTES ASFALTO
671	517	PAULA LEMOS	F	49	00:49:17	GARMIN/ CO OEIRAS
672	433	JOÃO BRANCO	M	34	00:49:17	SRD CHELEIRENSE
673	432	BRUNO MATIAS	M	31	00:49:17	SRD CHELEIRENSE
674	98	CARLOS J PERALTA	M	47	00:49:18	INDIVIDUAL
675	450	ANTONIETA SÁ	F	48	00:49:19	FISIO-MASSAGEM
676	1138	CARLOS SEMIDE	M	41	00:49:20	INDIVIDUAL
677	842	PAULO COSTA	M	43	00:49:20	INDIVIDUAL
678	1056	ALEXANDRE REIS	M	55	00:49:21	C BENFICA ALG M MARTINS
679	1248	ALEXANDRE JORGE	M	19	00:49:22	INDIVIDUAL
680	1291	LUIS A CARVALHINHO	M	48	00:49:22	INDIVIDUAL
681	724	MARCO MALAGUERRA	M	45	00:49:22	AÇOREANA C BANIF
682	710	PAULO GOULART	M	47	00:49:23	CLUBE ANACOM

683	249	PAULO GAMBOA	M	45	00:49:24	CA PATAMEIRAS
684	64	HENRIQUE RUIVO	M	54	00:49:27	TARTARUGAS SOLIDÁRIAS
685	670	LUIS COSTA	M	46	00:49:28	C MILLENNIUM BCP
686	431	PAULO SILVA	M	55	00:49:29	INDIVIDUAL
687	1202	ANABELA S. CARVALHO	F	35	00:49:33	INDIVIDUAL
688	872	CARLOS SILVA	M	52	00:49:33	CCD CA MÚTUO
689	948	VITOR RODRIGUES	M	46	00:49:33	GRCD LEIAO
690	1409	JOSUÉ FRADE	M	43	00:49:34	CARRASCO&AMIGOS
691	408	MAGNIFICA ALVAREDO	F	60	00:49:36	C SARGENTO ARMADA
692	777	MANUEL CANANÉ	M	50	00:49:36	CORRER LISBOA
693	114	SANDRA S TEIXEIRA	F	43	00:49:37	INDIVIDUAL
694	1280	PAULO J PIRES	M	48	00:49:38	INDIVIDUAL
695	1392	FRANCISCO CARVALHO	M	43	00:49:42	INDIVIDUAL
696	1424	JOAO CARVALHO	M	40	00:49:43	FERROVIARIOS
697	364	JOÃO LEITÃO	M	45	00:49:43	RUNLOVERS
698	875	PEDRO RIBEIRO	M	44	00:49:44	ESTRELAS DE LUZ
699	937	ANTÓNIO ANJOS	M	37	00:49:45	100fobias
700	75	LUIS M P MARTINS	M	41	00:49:46	INDIVIDUAL
701	1197	LUIS M. ROQUE	M	46	00:49:47	CA AMIGOS PARQUE PAZ
702	787	ANTONIO TABORDA	M	65	00:49:48	SS CGD
703	1084	JANUÁRIO COELHO	M	62	00:49:49	DO RANGEL
704	782	EDUARDO RODRIGUES	M	35	00:49:49	SS CGD
705	1301	PEDRO B BAÇÃO	M	36	00:49:49	INDIVIDUAL
706	1314	PEDRO MEIRELES	M	46	00:49:50	INDIVIDUAL
707	1189	ANTÓNIO M PATRÍCIO	M	48	00:49:52	INDIVIDUAL
708	460	EDGAR D TAVARES	M	33	00:49:55	CSB_RF
709	69	CARLOS BATISTA	M	41	00:49:55	3 DELTA
710	472	RUI PRIMO SILVA	M	47	00:49:56	INDIVIDUAL
711	131	DAVID A D SIMAO	M	45	00:49:58	CORRER LISBOA
712	694	MIGUEL SOUSA	M	55	00:50:00	WIKABOO
713	639	CARLOS VITORINO	M	42	00:50:03	INDIVIDUAL
714	1383	CARLOS SERRA	M	47	00:50:05	INDIVIDUAL
715	1293	MAURO A GODINHO	M	29	00:50:06	INDIVIDUAL
716	799	JOAO HENRIQUES	M	41	00:50:08	SS CGD
717	209	PAULO SANTOS	M	51	00:50:08	INDIVIDUAL
718	312	LUIS M S N CALHEIROS	M	41	00:50:08	BPI RUNNERS
719	1021	FLORIMUNDO SILVA	M	60	00:50:09	AMINHACORRIDA/ KALENJI
720	514	ISABEL RODRIGUES	F	44	00:50:12	GARMIN/ CO OEIRAS
721	1019	CARLOS LOPES	M	41	00:50:12	AMINHACORRIDA/ KALENJI
722	325	PEDRO SÁ	M	39	00:50:12	RAIL RUNNERS
723	1166	RUI M L MARTINS	M	48	00:50:15	INDIVIDUAL
724	803	LUIS MARTINS	M	44	00:50:16	SS CGD
725	781	ISAC TAMELE	M	27	00:50:16	INDIVIDUAL
726	853	LÚCIO PINA	M	27	00:50:16	INDIVIDUAL
727	440	RICARDO CARVALHO	M	36	00:50:18	INDIVIDUAL
728	973	ALDÓNIO M FERNANDES	M	61	00:50:19	LINDA-A-PASTORA SC
729	1266	VITOR B. CORREIA	M	40	00:50:21	INDIVIDUAL
730	1005	LEONEL NEVES	M	62	00:50:23	A VALE SILENCIO
731	1037	DANIELA VINAGRE	F	19	00:50:26	C BENFICA ALG M MARTINS
732	222	NELSON BARREIROS	M	46	00:50:27	COFINA RUNNERS
733	436	NUNO ANASTACIO	M	36	00:50:29	RUNLOVERS
734	788	BERNARDINO PEREIRA	M	79	00:50:30	SS CGD
735	447	NUNO GONÇALVES	M	36	00:50:31	INDIVIDUAL
736	44	PEDRO MARTINS	M	41	00:50:31	RB RUNNING
737	501	VITOR REVEZ	M	56	00:50:32	GRD RIBEIRA LAGE
738	898	JOAO SEABRA	M	31	00:50:33	CALCETONES
739	1352	MANUEL MARTINS	M	59	00:50:33	AB CAMPOLIDE
740	980	LUÍS BOLETO	M	38	00:50:33	INDIVIDUAL
741	721	HELDER ROMANO	M	50	00:50:36	INDIVIDUAL
742	1152	FABIO PIO DIAS	M	44	00:50:36	GD SANTANDER TOTTA
743	220	AVELINO SOARES	M	49	00:50:37	COFINA RUNNERS
744	1364	JOÃO SANCHES	M	53	00:50:38	DO RANGEL
745	174	RICARDO J B SANTOS	M	40	00:50:38	ESPAÇO 55
746	1372	CARLOS A OLIVEIRA	M	51	00:50:39	INDIVIDUAL
747	1045	ANTÓNIO BOGAS	M	49	00:50:43	C BENFICA ALG M MARTINS
748	1262	CARLA SERRA	F	39	00:50:46	INDIVIDUAL
749	384	INÉS ARRENEGA	F	40	00:50:46	UA POVOENSE
750	189	JOAQUIM RAMALHO	M	46	00:50:48	INDIVIDUAL
751	918	MIGUEL LOUREIRO	M	33	00:50:53	CALCETONES
752	493	LUIS LUIS	M	53	00:50:55	INDIVIDUAL
753	1378	NUNO BAIXINHO	M	40	00:50:56	INDIVIDUAL
754	624	JORGE BICHO	M	56	00:51:00	4@FUNDO
755	1190	JOAQUIM M PALMA	M	61	00:51:01	INDIVIDUAL
756	695	JOSE MOTA	M	55	00:51:01	WIKABOO
757	324	MANUEL ANTÓNIO	M	46	00:51:04	RAIL RUNNERS
758	936	FILIPE ALMEIDA	M	35	00:51:06	100fobias
759	237	ANTONIO RELVAS	M	60	00:51:06	FALCOES SELVAGENS

760	654	MARIA PEDRO	F	51	00:51:09	GRD OS FIXES
761	807	MIGUEL REIS	M	39	00:51:09	SS CGD
762	971	MARGARIDA FERNANDES	F	31	00:51:10	INDIVIDUAL
763	883	ANTONIO F CRUZ	M	65	00:51:11	INDIVIDUAL
764	934	LUIS AGUIAR	M	44	00:51:13	INDIVIDUAL
765	715	AMADEU PEREIRA	M	52	00:51:16	INDIVIDUAL
766	132	FERNANDO J M MENDES	M	44	00:51:19	FUZILEIROS
767	524	TERESA SEPULVEDA	F	34	00:51:20	GARMIN/ CO OEIRAS
768	1079	MANUEL J EMIDIO	M	59	00:51:22	DO RANGEL
769	566	JOSÉ R L F M FERNANDES	M	37	00:51:23	RUN AZORES
770	67	LUIS F L ÁLVARO	M	38	00:51:26	INDIVIDUAL
771	776	PAULO SERRA	M	39	00:51:30	INDIVIDUAL
772	604	SUSANA GOMES	F	46	00:51:32	VALEJAS AC
773	162	NOEMIA MONTEIRO	F	40	00:51:32	INDIVIDUAL
774	1143	SERGIO BORGES	M	43	00:51:32	INDIVIDUAL
775	414	PAULO SOUSA	M	42	00:51:32	INDIVIDUAL
776	1171	ANTÓNIO S VIEIRA	M	66	00:51:33	INDIVIDUAL
777	1184	ALEXANDRE J BAPTISTA	M	34	00:51:35	INDIVIDUAL
778	1183	VITOR L FERREIRA	M	43	00:51:35	INDIVIDUAL
779	1342	RICARDO L MENDES	M	37	00:51:37	INDIVIDUAL
780	301	JOÃO FARIA	M	43	00:51:40	AMIGOS DO JAMOR
781	304	JAIME MAGALHAES	M	51	00:51:40	AMIGOS DO JAMOR
782	135	FILIPE A SÁ	M	44	00:51:42	VILA FRIA JG SEGUROS
783	390	CARLOS FREIRE	M	53	00:51:43	CD ESTRELA
784	210	JOSE NOGUEIRA	M	54	00:51:44	INDIVIDUAL
785	991	PAULA SILVA	F	42	00:51:45	SC REBOLEIRA DAMAIA
786	1018	JOAQUIM BORRALHO	M	68	00:51:45	RB RUNNING
787	234	RICARDO FIGUEIREDO	M	46	00:51:45	INDIVIDUAL
788	706	JACINTO PEREIRA	M	58	00:51:50	LIS RUNNING CPA
789	381	Mª LUZ CONCHINHA	F	57	00:51:51	CLUBE STRESS
790	1325	NUNO LD SALDANHA	M	34	00:51:52	INDIVIDUAL
791	1379	RUI SOUSA	M	38	00:51:53	INDIVIDUAL
792	1193	LUIS M MONTEIRO	M	52	00:51:54	INDIVIDUAL
793	190	JUSTINO SANTOS	M	35	00:51:55	CENAS RUNNING
794	77	JOSÉ FINURAS	M	45	00:51:57	MULTIRUNNERS
795	63	JAIME LAMEGO	M	55	00:51:57	XTREME LEVEL
796	262	JOSÉ C ABRANTES	M	44	00:51:58	INDIVIDUAL
797	429	JOÃO ANTUNES	M	46	00:51:58	INDIVIDUAL
798	1228	TOMÁS SOUSA	M	39	00:52:03	SFRAA
799	61	JOSÉ MAGRO	M	45	00:52:05	RUN F RIBEIRINHA PÓVOA STA IRIA
800	801	JOSE MARTINS	M	41	00:52:07	SS CGD
801	728	JOAO JOSE FERNANDES	M	34	00:52:08	AÇOREANA C BANIF
802	400	JOAQUIM COSTA	M	65	00:52:09	CD ESTRELA
803	1294	SÉRGIO C BRAGAÇA	M	41	00:52:10	INDIVIDUAL
804	592	SAMUEL M ANTUNES	M	25	00:52:11	INDIVIDUAL
805	551	JOAO M R BATISTA	M	62	00:52:11	INDIVIDUAL
806	1242	RICARDO SOARES	M	33	00:52:12	INDIVIDUAL
807	385	FERNANDA NUNES	F	59	00:52:13	UA POVOENSE
808	72	MARCO CACHINHO	M	35	00:52:14	KANINOS
809	1182	ANTÓNIO J FERNANDES	M	67	00:52:15	INDIVIDUAL
810	865	HELDER JORGE	M	37	00:52:16	O MUNDO DA CORRIDA
811	1398	RUI RODRIGUES	M	18	00:52:17	ACR MEALHADA
812	509	CARLOS FERNANDES	M	49	00:52:17	CLUBE VODAFONE
813	528	ANTONIO C NOVAS	M	37	00:52:18	GODINHO
814	168	JOSE MATIAS	M	51	00:52:19	INDIVIDUAL
815	1382	PAULO GOMES	M	50	00:52:19	PRAZERES CORRIDA
816	184	PEDRO NETO	M	50	00:52:19	CLUBE STRESS
817	244	JOSE L S CORREIA	M	56	00:52:20	INDIVIDUAL
818	233	VIRGILIO OLIVEIRA	M	55	00:52:21	A NATUREZA ENSINA
819	1033	PAULO PAIVA	M	33	00:52:24	C BENFICA ALG M MARTINS
820	866	RICARDO S GARCIA	M	41	00:52:26	INDIVIDUAL
821	483	VALTER OLIVEIRA	M	38	00:52:27	GDCT IN CASA MOEDA
822	1133	ANTÓNIO LUIS	M	47	00:52:27	JOBRINDE - MONTES SALOIOS
823	481	NUNO GONÇALVES	M	40	00:52:28	GDCT IN CASA MOEDA
824	1001	CONSTANTINO PINTO	M	52	00:52:32	SCMA
825	928	JOÃO P CEGONHO	M	37	00:52:32	CLARA
826	100	LUÍS NETO SILVA	M	51	00:52:34	CARAPUS CORRIDA
827	59	FILIPA M S FERRO	F	38	00:52:36	RUN 4 FUN
828	232	PAULO QUARESMA	M	60	00:52:37	VETERANOS MASSAMÁ
829	387	ANTÓNIO BATISTA	M	68	00:52:38	CD ESTRELA
830	910	RUTE BATISTA	F	40	00:52:43	
831	207	VITOR M N A MARTINS	M	65	00:52:43	INDIVIDUAL
832	256	PAULO LOURINHO	M	46	00:52:46	CAA BELEM
833	255	JÚLIO CASTRO	M	56	00:52:48	CAA BELEM
834	657	LUIS A SILVA	M	47	00:52:49	INDIVIDUAL
835	153	ANTÓNIO J E DUARTE	M	40	00:52:51	CORRER LISBOA

836	931	CÉSAR TOMÁS	M	34	00:52:51	INDIVIDUAL
837	870	JOSÉ SARAIVA	M	52	00:52:52	CORRER LISBOA
838	405	ALBANO GINJA	M	59	00:52:53	C SARGENTO ARMADA
839	805	LUIA LANDEIRO	F	45	00:52:54	SS CGD
840	960	DAVID FERNANDES	M	41	00:52:56	GFD RUNNING
841	794	FRANCISCO CLERIGO	M	62	00:52:58	SS CGD
842	374	Mª JOÃO CORTESÃO	F	28	00:52:59	CP EDP LISBOA
843	648	INÉS MONTEIRO	F	27	00:53:00	INDIVIDUAL
844	816	SEVERINO ROSA	M	60	00:53:00	SS CGD
845	253	RUTE SANTOS	F	49	00:53:04	CA PATAMEIRAS
846	1011	CARLOS ALBANO	M	44	00:53:06	SS CGD
847	593	VASCO COELHO	M	40	00:53:07	CARACÓIS CORRIDA
848	149	ANA DUARTE	F	45	00:53:09	FALCOES SELVAGENS
849	923	SANDRA FERNANDES	F	37	00:53:09	REAB FUNCIONAL DESPORTIVA
850	518	PAULO SANTOS	M	48	00:53:09	GARMIN/ CO OEIRAS
851	632	LUIS M F ANTUNES	M	43	00:53:10	RB RUNNING
852	1290	BRUNO M CLARO	M	35	00:53:10	INDIVIDUAL
853	203	CLAUDIA SOUSA	F	37	00:53:11	C COLAB AXA
854	1119	RUI MATOS	M	38	00:53:14	BE2RUN
855	887	JULIA S MONTORO	F	30	00:53:15	INDIVIDUAL
856	151	JOÃO ANTUNES	M	60	00:53:16	INDIVIDUAL
857	620	CARLOS P ABREU	M	48	00:53:19	CLUBE STRESS
858	669	FERNANDO ROSA	M	40	00:53:20	C MILLENNIUM BCP
859	463	FLÁVIO L ALMEIDA	M	27	00:53:21	OS PRIMOS
860	1389	RODRIGO MARTINS	M	41	00:53:23	INDIVIDUAL
861	1279	FERNANDO J TAVARES	M	62	00:53:23	INDIVIDUAL
862	341	JOÃO C S MENDES	M	40	00:53:24	CR SANTOMEN EMPREITEIROS
863	1125	JOÃO CRAVO	M	31	00:53:25	4 AO KM
864	829	PEDRO VALENTE	M	43	00:53:27	INDIVIDUAL
865	439	RICARDO CAMPOS	M	40	00:53:27	AFO
866	1054	SUSANA FIGUEIREDO	M	45	00:53:27	C BENFICA ALG M MARTINS
867	677	Mª CEU SILVA	F	48	00:53:31	C MILLENNIUM BCP
868	1246	RICARDO JESUS	M	36	00:53:31	INDIVIDUAL
869	668	VANDA ROSA	F	40	00:53:32	C MILLENNIUM BCP
870	119	MIGUEL BARBOSA	M	61	00:53:33	UNIDOS MANUTENÇÃO
871	1121	MIGUEL GARCIA	M	42	00:53:35	INDIVIDUAL
872	297	RICARDO CANO	M	37	00:53:37	CAA BELEM
873	1134	NATALYA MARCHEVA	F	49	00:53:40	JOBRINDE - MONTES SALOIOS
874	1298	RUI M MADRUGA	M	47	00:53:40	INDIVIDUAL
875	1235	CARLOS M. R. CARRACHA	M	43	00:53:41	INDIVIDUAL
876	897	ARMANDO FERNANDES	M	51	00:53:44	INDIVIDUAL
877	1276	MARCO A SOUSA	M	38	00:53:46	LEVITANTES ASFALTO
878	1306	FERNANDO MARQUES	M	52	00:53:50	INDIVIDUAL
879	330	ANTÓNIO JUBILADO	M	59	00:53:51	INDIVIDUAL
880	1130	JORGE M C LOURENÇO	M	22	00:53:53	SC CASAINHOS
881	873	DAMIÃO REGA	M	54	00:53:56	INDIVIDUAL
882	811	PEDRO ALMEIDA	M	39	00:53:56	SS CGD
883	766	RAFAEL SANTOS	M	48	00:54:00	CCDT METRO LX
884	789	CATARINA MARTINS	F	43	00:54:01	SS CGD
885	229	BECKAS CARAMONA	M	37	00:54:01	PERIMETRO FINAL
886	822	DIOGO ALVARO	M	19	00:54:11	SS CGD
887	511	VITOR M COIMBRA	M	45	00:54:11	CLUBE VODAFONE
888	1020	DULCE GOMES	F	56	00:54:12	AMINHACORRIDA/ KALENJI
889	658	SÉRGIO MINHALMA	M	33	00:54:15	INDIVIDUAL
890	480	NUNO SILVA	M	33	00:54:16	O COVIL DO NUNO
891	1036	ADRIANA SILVA	F	21	00:54:17	C BENFICA ALG M MARTINS
892	1330	HUGO A LOPES	M	33	00:54:22	INDIVIDUAL
893	1273	HERMINIO CABACEIRA	M	54	00:54:24	INDIVIDUAL
894	1103	JOÃO CAMPOS	M	43	00:54:24	INDIVIDUAL
895	1105	JOEL SILVA	M	42	00:54:25	INDIVIDUAL
896	1350	ANTÓNIO LIMA	M	52	00:54:26	AB CAMPOLIDE
897	1417	RENATO SARAGOÇA	M	39	00:54:28	INDIVIDUAL
898	284	FRANCISCO REIS	M	58	00:54:29	LINDA-A-PASTORA SC
899	122	CARLOS ROSA	M	43	00:54:29	UNIDOS MANUTENÇÃO
900	869	RUTE AGOSTINHO	F	33	00:54:35	INDIVIDUAL
901	103	CARLOS RENATO	M	55	00:54:37	TARTARUGAS SOLIDÁRIAS
902	329	SERAFIM S GONÇALVES	M	62	00:54:39	INDIVIDUAL
903	636	SANDRA GONÇALVES	F	29	00:54:40	OS GLORIOSOS
904	182	LUIS M S LEMOS	M	48	00:54:40	INDIVIDUAL
905	601	MANUEL COSTA	M	60	00:54:41	M&B
906	867	RAFAEL S LOPEZ	M	40	00:54:43	LIS RUNNING CPA
907	680	ANTONIO SANTOS	M	56	00:54:44	C MILLENNIUM BCP
908	916	LUIS F E MATEUS	M	32	00:54:47	INDIVIDUAL
909	559	RUI ANTUNES	M	44	00:54:47	INDIVIDUAL
910	682	CARLA RIBEIRO	F	38	00:54:48	C MILLENNIUM BCP
911	134	SORAIA FERREIRA	F	40	00:54:49	INDIVIDUAL
912	116	JOANA MIRANDA	F	35	00:54:53	WIKABOO

913	942	DIOGO V L SAMPAIO	M	28	00:54:53	INDIVIDUAL
914	102	HENRIQUETA SOLIPA	F	53	00:54:54	TARTARUGAS SOLIDÁRIAS
915	1368	JOÃO C PINTO	M	39	00:54:56	INDIVIDUAL
916	334	JOÃO BENEVENTE	M	63	00:54:57	CA AMIGOS PAQUE PAZ
917	570	MARTA REIS	F	39	00:54:58	INDIVIDUAL
918	1168	ANDRÉ BEJA	M	37	00:54:59	INDIVIDUAL
919	362	NUNO MARQUES	M	48	00:54:59	RUNLOVERS
920	1128	NUNO TEMPERA	M	46	00:55:00	SPIRIDON FRANKFURT
921	311	FERNANDO MORAIS	M	53	00:55:03	BPI RUNNERS
922	879	ANAALICE SILVA	F	72	00:55:04	CLUBE STRESS
923	653	CRISTINA GUERREIRO	F	42	00:55:04	CDR RIBEIRINHO
924	1425	FERNANDO CLAUDINO	M	63	00:55:04	
925	1331	MIKAEL L SARAIVA	M	27	00:55:06	INDIVIDUAL
926	1088	JOAQUIM NEIVA	M	72	00:55:07	DO RANGEL
927	1191	MARLENE OLIVEIRA	F	42	00:55:12	INDIVIDUAL
928	823	OLGA BORGES	F	40	00:55:13	SS CGD
929	438	RUI T MONTEIRO	M	30	00:55:13	CSB_RF
930	746	FRANCISCO J C E RIBEIRO	M	51	00:55:14	INDIVIDUAL
931	345	MÁRIO SOUSA	M	61	00:55:14	GRD OS FIXES
932	1042	JOAQUIM MÓNICA	M	57	00:55:14	C BENFICA ALG M MARTINS
933	932	JOÃO TEIXEIRA	M	54	00:55:15	INDIVIDUAL
934	1097	VANESSA PAIS	F	30	00:55:17	RUNNING
935	839	ANTONIO RIBEIRO	M	64	00:55:18	INDIVIDUAL
936	798	JOAO CORREIA	M	54	00:55:19	SS CGD
937	756	PAULO ONOFRE	M	45	00:55:20	AMCF - ARRÁBIDA TRAIL TEAM
938	1287	NUNO J MORGADO	M	35	00:55:22	INDIVIDUAL
939	1391	NUNO JESUS	M	37	00:55:23	INDIVIDUAL
940	1163	RITA A F AFONSO	F	29	00:55:27	INDIVIDUAL
941	1403	JOAQUIM M MATOS	M	50	00:55:27	INDIVIDUAL
942	711	ANTONIO ALMEIDA	M	44	00:55:27	INDIVIDUAL
943	1377	ADOLFO BAIXINHO	M	39	00:55:29	INDIVIDUAL
944	778	JOSE PACHECO	M	49	00:55:33	INDIVIDUAL
945	1178	JOÃO BRITES	M	46	00:55:33	INDIVIDUAL
946	764	MÁRIO GONÇALVES	M	50	00:55:34	CCDT METRO LX
947	494	ANA ALPALHÃO	F	42	00:55:36	ALPALHAO
948	644	ADELAIDE MANHIÇA	F	57	00:55:36	GRCD LEIAO
949	352	VICTOR RODRIGUES	M	61	00:55:36	GA MONSANTO GASCAN
950	300	JOÃO BANDARRINHA	M	52	00:55:37	INDIVIDUAL
951	802	ANGELA CRUZ	F	44	00:55:38	SS CGD
952	532	ANTONIO FONSECA	M	69	00:55:38	INDIVIDUAL
953	675	MIGUEL SANTOS	M	54	00:55:39	C MILLENNIUM BCP
954	367	IRIS MAURICIO	F	39	00:55:40	RUNLOVERS
955	1413	LUÍS RODRIGUES	M	33	00:55:40	INDIVIDUAL
956	1414	PEDRO CORREIA	M	37	00:55:40	INDIVIDUAL
957	235	CARLOS PENA	M	46	00:55:42	CORRER POR GOSTO
958	430	CÁTIA COUVEIRO	F	30	00:55:43	INDIVIDUAL
959	1375	RUI SANTOS	M	43	00:55:49	INDIVIDUAL
960	630	MIGUEL RIBEIRO	M	43	00:55:49	WIKABOO
961	486	MARCO REIS	M	40	00:55:49	INDIVIDUAL
962	1050	SARA REIS	F	21	00:55:50	C BENFICA ALG M MARTINS
963	353	CONSTANCIO ALMEIDA	M	56	00:55:53	GA MONSANTO GASCAN
964	349	JOÃO PINTO	M	54	00:55:53	GA MONSANTO GASCAN
965	68	PAULO PRATA	M	48	00:55:54	INDIVIDUAL
966	982	ANDRÉ A S A TRINDADE	M	29	00:55:54	CSB_RF
967	600	HUGO J S DIONÍSIO	M	38	00:55:57	INDIVIDUAL
968	468	PAULO TOMÉ	M	31	00:56:02	CSB_RF
969	1129	JOANA PERALTA	F	40	00:56:05	SPIRIDON FRANKFURT
970	641	MÁRIO ANTÓNIO	M	69	00:56:11	CD ESTRELA
971	1312	ALEXANDRE A DRAKE	M	48	00:56:15	INDIVIDUAL
972	1229	MERCEDES FONSECA	F	59	00:56:16	SFRAA
973	236	PAULO DIAS	M	43	00:56:16	A JORGE PINA
974	837	ORLANDO DUARTE	M	58	00:56:18	EMFORÇA
975	1126	JOÃO LIMA	M	55	00:56:18	4 AO KM
976	938	ADRIANO CUNHA	M	61	00:56:24	INDIVIDUAL
977	906	TIAGO LOPES	M	25	00:56:24	OS FOGUETES
978	1423	VALTER TEIXEIRA	M	47	00:56:25	FERROVIARIOS
979	394	VIRGÍLIO RODRIGUES	M	68	00:56:25	CD ESTRELA
980	1112	ANTÓNIO PAIS	M	68	00:56:26	VALE MADEIROS SC
981	645	SANDRA SILVA	F	41	00:56:29	GRCD LEIAO
982	714	GILBERTO GONÇALVES	M	67	00:56:31	CAA BELEM
983	786	ANTONIO CARPINTEIRO	M	70	00:56:31	SS CGD
984	1421	CARLOS OLIVEIRA	M	62	00:56:35	FERROVIARIOS
985	1339	JOSÉ M MARTINS	M	50	00:56:42	INDIVIDUAL
986	247	VANUZA A G SILVA	F	41	00:56:43	TARTARUGAS SOLIDARIAS
987	318	HELENA PIRES	F	48	00:56:45	RAIL RUNNERS
988	187	LUÍS BARROS	M	45	00:56:46	CLUBE STRESS
989	585	NUNO A DIAS	M	40	00:56:48	OS FOGUETES

990	904	PEDRO SILVA	M	25	00:56:48	OS FOGUETES
991	1186	ANTÓNIO F GALHETO	M	67	00:56:49	INDIVIDUAL
992	556	JOÃO SILVA	M	45	00:56:49	OS FOGUETES
993	1212	ISABEL BARRA	F	47	00:56:50	O PRATICANTE
994	557	MARCOS DIAS	M	46	00:56:50	OS FOGUETES
995	792	FERNANDO ALVES	M	54	00:56:50	SS CGD
996	1281	DIOGO CARVALHO	M	26	00:56:51	INDIVIDUAL
997	650	JORGE BARREIROS	M	34	00:56:52	INDIVIDUAL
998	555	FILIPPE AMARAL	M	34	00:56:52	INDIVIDUAL
999	421	RAFAEL REIA	M	23	00:56:54	INDIVIDUAL
1000	1015	ATLETA NÃO CADASTRADO	M	0	00:56:54	
1001	920	RUI XAVIER	M	48	00:56:55	INDIVIDUAL
1002	1215	DAVID SILVA	M	51	00:56:57	O PRATICANTE
1003	1292	LUIA M CARVALHINHO	F	46	00:57:04	INDIVIDUAL
1004	97	MARIA ANTUNES	F	46	00:57:08	INDIVIDUAL
1005	954	HUGO REIS	M	38	00:57:09	Rush Team
1006	1275	RUI C SOUSA	M	40	00:57:12	LEVITANTES ASFALTO
1007	599	CARLOS BANDEIJAS	M	55	00:57:14	VILA FRIA JG SEGUROS
1008	987	MÁRIO J MARQUES	M	55	00:57:15	SC REBOLEIRA DAMAIA
1009	780	MANUEL BARROS	M	58	00:57:15	CLUBE ANACOM
1010	137	CÉLIA AZENHA	F	51	00:57:17	AA LEBRES SADO
1011	66	FRANCISCO M A SARDINHA	M	45	00:57:17	INDIVIDUAL
1012	851	JOSÉ BACANHIM	M	62	00:57:23	ADL APELAÇONENCES
1013	208	JOÃO C A BORGES	M	48	00:57:25	INDIVIDUAL
1014	615	VÍTOR FORMIGA	M	33	00:57:27	LAMIGOS
1015	939	RICARDO M G S T ALMEIDA	M	40	00:57:35	INDIVIDUAL
1016	874	CARMINDA P REGA	F	53	00:57:36	INDIVIDUAL
1017	1172	PETER HOFFMANN	M	70	00:57:38	INDIVIDUAL
1018	560	JORGE OLIVEIRA	M	52	00:57:39	INDIVIDUAL
1019	836	BENTO GALAMBA	M	49	00:57:41	SC REBOLEIRA DAMAIA
1020	565	SANDRA SECO	F	43	00:57:42	UA POVOENSE
1021	1016	ERMELINDA MINEIRO	F	54	00:57:43	CDUL
1022	583	ADÉLIA M P CABRAL	F	36	00:57:44	INDIVIDUAL
1023	470	GONÇALO DELCA	M	41	00:57:46	INDIVIDUAL
1024	698	ANA C SANTOS	F	34	00:57:49	INDIVIDUAL
1025	1384	LUIS MATOS	M	57	00:57:49	INDIVIDUAL
1026	1227	NUNO PRECIADO	M	29	00:57:52	SFRAA
1027	313	ANTÓNIO SANCHES	M	59	00:57:53	INDIVIDUAL
1028	1047	PATRÍCIA PEDRO	F	50	00:57:56	C BENFICA ALG M MARTINS
1029	783	ALVARO FURTADO	M	57	00:58:00	SS CGD
1030	326	PAULO MARÇAL	M	19	00:58:00	RAIL RUNNERS
1031	809	PAULO BILAO	M	45	00:58:00	SS CGD
1032	908	PAULO MIRANDA	M	44	00:58:02	INDIVIDUAL
1033	996	JULIETA SANTOS	F	55	00:58:03	TARTARUGAS SOLIDÁRIAS
1034	771	PEDRO VIEIRA	M	35	00:58:04	C TENIS AMADORA
1035	1323	SÓNIA CAPITÃO-MOR	F	35	00:58:06	INDIVIDUAL
1036	188	TIAGO DIONISIO	M	41	00:58:06	CLUBE STRESS
1037	118	LUIÍS BRAZÃO	M	67	00:58:07	UNIDOS MANUTENÇÃO
1038	581	PEDRO ALFERES	M	51	00:58:07	INDIVIDUAL
1039	945	YOSHIKO NOMOTO	F	40	00:58:10	INDIVIDUAL
1040	1120	MONICA MATOS	F	38	00:58:15	BE2RUN
1041	200	VANESSA SEQUEIRA	F	33	00:58:15	INDIVIDUAL
1042	413	ANTÓNIO R LOPES	M	60	00:58:16	CSB_RF
1043	96	MIGUEL Â R SANTOS	M	42	00:58:19	ESPAÇO 55
1044	335	M LUCILIA BENEVENTE	F	63	00:58:24	CA AMIGOS PAQUE PAZ
1045	92	RUI C VAZ	M	38	00:58:24	INDIVIDUAL
1046	1181	GUILHERME N LOPES	M	61	00:58:27	INDIVIDUAL
1047	1082	TIAGO OLIVEIRA	M	30	00:58:28	INDIVIDUAL
1048	185	ANA SÁ RIBEIRO	F	42	00:58:31	CLUBE STRESS
1049	410	JOÃO VENANCIO	M	69	00:58:31	CD ESTRELA
1050	386	ARMANDO TAVARES	M	67	00:58:31	CD ESTRELA
1051	230	MANUEL AZEVED	M	58	00:58:33	VETERANOS MASSAMÁ
1052	231	JOÃO SANTOS	M	66	00:58:33	VETERANOS MASSAMÁ
1053	844	JOSÉ E LINDO	M	69	00:58:35	INDIVIDUAL
1054	348	LUIS ANTUNES	M	53	00:58:39	GA MONSANTO GASCAN
1055	791	ESMERALDO PEREIRA	M	69	00:58:40	SS CGD
1056	84	LUIZ M CHÁTILLON	M	57	00:58:42	INDIVIDUAL
1057	972	JOSÉ P TOMÉ	M	40	00:58:46	PERNAS DE GAFANHOTO
1058	917	PAULO F T CUSTÓDIO	M	37	00:58:54	SUBMARINOS
1059	219	ANDRÉ PEREIRA	M	37	00:58:54	COFINA RUNNERS
1060	228	LUIS LIBANIO	M	58	00:58:57	PERIMETRO FINAL
1061	1257	RAFAEL NEVES	M	39	00:59:01	INDIVIDUAL
1062	922	TÂNIA INÁCIO	F	28	00:59:06	INDIVIDUAL
1063	1387	PAULO MENDES	M	44	00:59:09	INDIVIDUAL
1064	278	PAULO SILVA	M	49	00:59:12	INDIVIDUAL
1065	160	OLIVIA LUCAS	F	50	00:59:13	BREAKAWAY
1066	82	MIGUEL QUINTANILHA	M	39	00:59:13	INDIVIDUAL

1067	1416	BRUNO DIAS	M	40	00:59:13	INDIVIDUAL
1068	1137	PEDRO AC CARVALHO	M	43	00:59:14	CORRER LISBOA
1069	1149	JOSÉ GOMES	M	37	00:59:14	CORRER LISBOA
1070	356	MARISA SERRA	F	44	00:59:16	GA MONSANTO GASCAN
1071	1410	JOÃO CC SILVA	M	61	00:59:18	INDIVIDUAL
1072	11	LUIS PINTO	M	30	00:59:19	SPORTING CP
1073	568	LUÍS COSTA	M	30	00:59:19	OS CONTA-KILÓMETROS
1074	751	CARLOS CRESPO	M	53	00:59:19	GRD OS FIXES
1075	864	ELIANA PEGORETTI	F	45	00:59:20	O MUNDO DA CORRIDA
1076	513	CARLOS LOURENÇO	M	54	00:59:20	GARMIN/ CO OIRAS
1077	833	MARIA BARRANCOS	F	44	00:59:21	INDIVIDUAL
1078	171	ANDREIA PEREIRA	F	30	00:59:21	O MUNDO DA CORRIDA
1079	933	LUÍS ALMEIDA	M	54	00:59:23	LIS RUNNING CPA
1080	240	ANA CANDEIAS	F	41	00:59:27	ENJOADAS DO ASFALTO
1081	104	CARLA M D MENDES	F	39	00:59:27	TARTARUGAS SOLIDÁRIAS
1082	363	HELENA LEITÃO	F	45	00:59:28	RUNLOVERS
1083	891	PEDRO GONÇALVES	M	61	00:59:30	INDIVIDUAL
1084	337	CARLOS CATARINO	M	61	00:59:34	INDIVIDUAL
1085	988	JOÃO RODRIGUES	M	66	00:59:35	SC REBOLEIRA DAMAIA
1086	1055	JOAQUIM HERMENEGILDO	M	52	00:59:35	C BENFICA ALG M MARTINS
1087	1249	NUNO BRITO	M	39	00:59:36	INDIVIDUAL
1088	561	NUNO BERNARDO	M	43	00:59:36	INDIVIDUAL
1089	890	LUIS SEGADÃES	M	42	00:59:36	INDIVIDUAL
1090	83	PAULO D SILVA	M	40	00:59:36	INDIVIDUAL
1091	455	ANA ALHO	F	31	00:59:39	INDIVIDUAL
1092	456	CARLA ALHO	F	33	00:59:39	INDIVIDUAL
1093	319	JACINTA ALMEIDA	F	52	00:59:40	RAIL RUNNERS
1094	749	RICARDO A G E HENRIQUES	M	30	00:59:40	INDIVIDUAL
1095	466	MÁRCIO LOURENÇO	M	37	00:59:41	INDIVIDUAL
1096	1044	MÁRIO LAMEIRÃO	M	67	00:59:41	C BENFICA ALG M MARTINS
1097	239	PATRÍCIA ALMEIDA	F	41	00:59:51	ENJOADAS DO ASFALTO
1098	21	ISABEL COSTA	F	44	00:59:51	INDIVIDUAL
1099	949	EDUARDO AMORIM	M	44	00:59:51	INDIVIDUAL
1100	1415	CARLA NEVES	F	43	00:59:53	INDIVIDUAL
1101	1310	MARIA R MACHADO	F	42	00:59:54	INDIVIDUAL
1102	1123	FERNANDO DIAS	M	52	00:59:54	INDIVIDUAL
1103	465	BRUNO NEVES	M	32	00:59:55	INDIVIDUAL
1104	457	AURELIANO A VASCONCELOS	M	57	00:59:57	INDIVIDUAL
1105	1412	RICARDO LOURO	M	34	00:59:58	INDIVIDUAL
1106	1344	ALBERTINO MONTEIRO	M	38	00:59:58	INDIVIDUAL
1107	127	PAULO F V OLIVEIRA	M	51	01:00:04	INDIVIDUAL
1108	1002	JOÃO T C COSTA	M	36	01:00:06	TEAM MF
1109	294	ANTONIO GABRIEL	M	71	01:00:07	INDIVIDUAL
1110	508	MANUEL OLIVEIRA	M	76	01:00:07	CAA BELEM
1111	681	MARIO MARCELINO	M	57	01:00:09	C MILLENNIUM BCP
1112	1267	CALISTO COELHO	M	35	01:00:11	C TENIS AMADORA
1113	497	LAURINDA CASTRO	F	56	01:00:12	INDIVIDUAL
1114	772	JOAO MOLEIRO	M	35	01:00:12	C TENIS AMADORA
1115	1165	SÉRGIO V S CALADO	M	50	01:00:19	INDIVIDUAL
1116	1006	SANDRA BAPTISTA	F	40	01:00:23	A VALE SILENCIO
1117	640	ARTUR MARTINS	M	76	01:00:24	CD ESTRELA
1118	1038	JOAO C LOPES	M	48	01:00:35	C BENFICA ALG M MARTINS
1119	74	JOÃO P ALMEIDA	M	48	01:00:38	KANINOS
1120	71	EDUARDO PESTANA	M	36	01:00:38	KANINOS
1121	530	JOSÉ LAMAEGO	M	63	01:00:39	LEÕES BARCARENA
1122	1127	VÍTOR GONÇALVES	M	46	01:00:40	4 AO KM
1123	744	EDUARDO M DUARTE	M	66	01:00:40	INDIVIDUAL
1124	285	JOSÉ ALAGADOR	M	70	01:00:41	LINDA-A-PASTORA SC
1125	289	CARLOS MARQUES	M	78	01:00:41	LINDA-A-PASTORA SC
1126	99	PEDRO MURTINHAL	M	44	01:00:43	O MUNDO DA CORRIDA
1127	296	ALBERTO CANO	M	62	01:00:43	CAA BELEM
1128	674	VASCO OURELO	M	40	01:00:59	C MILLENNIUM BCP
1129	377	MIGUEL CORINO	M	44	01:01:03	INDIVIDUAL
1130	1393	JOÃO MENDES	M	44	01:01:05	INDIVIDUAL
1131	666	CATIA RAMOS	F	33	01:01:16	CARRASCO & AMIGOS
1132	1238	PAULO A. D. ROBERTO	M	43	01:01:16	INDIVIDUAL
1133	871	IRENE INÁCIO	F	46	01:01:17	CORRER LISBOA
1134	544	PAULO ROXO	M	40	01:01:20	INDIVIDUAL
1135	85	ANA L CHÁTILLON	F	28	01:01:22	INDIVIDUAL
1136	941	PAULA BASÍLIO	F	38	01:01:23	INDIVIDUAL
1137	398	NATIVIDADE CARDOSO	F	65	01:01:27	CD ESTRELA
1138	697	CARLOS FELGUEIRAS	M	38	01:01:31	INDIVIDUAL
1139	276	ANABELA AMARAL	F	42	01:01:32	PORTELA - RUNNING POINT
1140	672	JOAO CUNHA	M	58	01:01:32	C MILLENNIUM BCP
1141	1216	ANTONIA FURTADO	F	45	01:01:33	O PRATICANTE
1142	1321	BRUNO N SOUSA	M	33	01:01:42	INDIVIDUAL
1143	664	ANTONIO SANTOS	M	71	01:01:48	CARRASCO & AMIGOS

1144	1308	HELDER CARREIRA	M	44	01:01:49	INDIVIDUAL
1145	1230	JOAQUIM FONSECA	M	59	01:01:56	SFRAA
1146	1195	NEUSA ALMEIDA	F	38	01:01:57	INDIVIDUAL
1147	106	PEDRO MACHADO	M	53	01:01:58	RUN 4 FUN
1148	843	VITOR RODRIGUES	M	64	01:02:06	LINDA-A-PASTORA SC
1149	163	SONIA CAIXEIRINHO	F	45	01:02:07	INDIVIDUAL
1150	159	VITOR LUCAS	M	52	01:02:08	BREAKAWAY
1151	376	RICARDO T MAGALHÃES	M	31	01:02:09	CSB_RF
1152	1278	JORGE F TAVARES	M	24	01:02:09	INDIVIDUAL
1153	1397	CÁTIA RODRIGUES	F	33	01:02:17	ACR MEALHADA
1154	1185	MANUEL A CASACA	M	64	01:02:17	INDIVIDUAL
1155	785	ANDRE NORONHA	M	51	01:02:18	SS CGD
1156	1328	JOSÉ R BARBOSA	M	40	01:02:18	INDIVIDUAL
1157	1091	ANA S BENTO	F	56	01:02:19	DO RANGEL
1158	1388	MÁRIO LUIS	M	47	01:02:19	INDIVIDUAL
1159	1311	LUIS A DIONISIO	M	45	01:02:20	INDIVIDUAL
1160	459	PAULO A SILVA	M	39	01:02:30	INDIVIDUAL
1161	354	LUIS ALVES	M	53	01:02:36	GA MONSANTO GASCAN
1162	388	ANTÓNIO INACIO	M	69	01:02:38	CD ESTRELA
1163	886	VANESSA S C SEIXAS	F	28	01:02:39	INDIVIDUAL
1164	1146	CARLOS A S JESUS	M	51	01:02:42	INDIVIDUAL
1165	350	ANTONIO PARDAL	M	60	01:02:43	GA MONSANTO GASCAN
1166	425	ANTÓNIO PINHO	M	63	01:02:47	AA LEBRES SADO
1167	550	BRUNO SOARES	M	41	01:02:51	INDIVIDUAL
1168	588	JOSE NUNES	M	42	01:02:58	INDIVIDUAL
1169	814	RUI OLIVEIRA	M	49	01:03:05	SS CGD
1170	241	ANTÓNIO MARQUES	M	59	01:03:10	CA MATINHA
1171	1340	DIOGO A ROSA	M	26	01:03:14	INDIVIDUAL
1172	1380	PAULA SOUSA	F	39	01:03:20	INDIVIDUAL
1173	259	ANTONIO COSTA	M	57	01:03:20	INDIVIDUAL
1174	1035	CUSTÓDIO SILVA	M	51	01:03:23	C BENFICA ALG M MARTINS
1175	331	BEATRIZ H MARIA	F	60	01:03:24	CD ESTRELA
1176	172	LUISA A G SANTOS	F	47	01:03:26	NOVOS TRILHOS
1177	427	MAYER RAPOSO	M	68	01:03:26	AA LEBRES SADO
1178	1288	LORENE FOUCAUD	F	26	01:03:29	INDIVIDUAL
1179	58	EBERHARD WILHELM	M	67	01:03:41	4 AO KM
1180	380	SONIA SILVA	F	31	01:03:42	CSB_RF
1181	196	CRISTINA CUNHA	F	45	01:03:44	PESTE & SINDAS
1182	596	AMILCAR SANTIAGO	M	67	01:04:00	INDIVIDUAL
1183	993	Mª FÁTIMA ABREU	F	65	01:04:01	SC REBOLEIRA DAMAIA
1184	1302	FERNANDO J SANTOS	M	68	01:04:04	INDIVIDUAL
1185	968	VITOR SOUSA	M	42	01:04:07	GFD RUNNING
1186	529	EDMUNDO B CARDEIRA	M	68	01:04:18	LEÕES BARCARENA
1187	894	LUIS CARVALHO	M	33	01:04:25	ESPAÇO 55
1188	269	JOÃO CACHINHO	M	65	01:04:27	KANINOS
1189	1332	RICARDO SOEIRO	M	38	01:04:28	INDIVIDUAL
1190	415	JOANA D CHOURIÇO	F	52	01:04:32	INDIVIDUAL
1191	545	JOSE M CARDOSO	M	72	01:04:32	INDIVIDUAL
1192	265	CARLOS F A CORREIA	M	39	01:04:39	AS LEBRES RINCHOA
1193	1282	SÉRGIO M RODRIGUES	M	30	01:04:44	INDIVIDUAL
1194	1283	RUI P RODRIGUES	M	36	01:04:45	INDIVIDUAL
1195	950	HEITOR CARDOSO	M	51	01:04:46	CORRER LISBOA
1196	93	PEDRO E FERREIRA	M	42	01:04:49	ESPAÇO 55
1197	110	CARLOS PEDREIRINHO	M	51	01:04:50	LIDIA E CARLOS
1198	765	ORLANDO SOUSA	M	53	01:04:53	CCDT METRO LX
1199	629	SÉRGIA NARCISO	F	52	01:04:57	INDIVIDUAL
1200	539	PAULO PEREIRA	M	45	01:04:58	SS MONTEPIO GERAL
1201	538	MANUEL J NARCISO	M	51	01:04:58	SS MONTEPIO GERAL
1202	537	MANUEL C SANTOS	M	41	01:04:58	SS MONTEPIO GERAL
1203	533	CARLOS F AZEVEDO	M	48	01:04:58	SS MONTEPIO GERAL
1204	534	JAIME GOMES	M	59	01:04:58	SS MONTEPIO GERAL
1205	535	JOÃO C SANTOS	M	35	01:04:59	SS MONTEPIO GERAL
1206	907	RICARDO SOUSA	M	28	01:04:59	INDIVIDUAL
1207	536	JOSÉ GUERREIRO	M	58	01:04:59	SS MONTEPIO GERAL
1208	1304	JOÃO P SANTO	M	37	01:05:00	INDIVIDUAL
1209	964	FRANCISCO BECHIGA	F	57	01:05:01	GFD RUNNING
1210	1422	AFONSO PINO	M	39	01:05:04	FERROVIARIOS
1211	812	SUSANA MATOS	F	33	01:05:09	SS CGD
1212	1428	AVELINO SILVA	M	63	01:05:13	INDIVIDUAL
1213	1060	RUI CASTILHO	M	21	01:05:34	C BENFICA ALG M MARTINS
1214	1208	ARMINDA BASILIO	F	41	01:05:35	O PRATICANTE
1215	125	CRISTINA M T FIGUEIRA	F	39	01:05:42	JOBRINDE - MONTES SALOIOS
1216	1419	MANUEL S GOMES	M	70	01:05:54	INDIVIDUAL
1217	423	ESTELA GONÇALVES	F	38	01:05:55	AA LEBRES SADO
1218	424	CECÍLIA NICOLAU	F	48	01:05:55	AA LEBRES SADO
1219	515	NUNO SILVA	M	33	01:05:58	GARMIN/ CO OEIRAS
1220	437	JORGE M M BAPTISTA	M	60	01:06:04	INDIVIDUAL

1221	1140	EDUARDO EUSTAQUIO	M	51	01:06:13	AA MAFRA
1222	712	RUI SANTOS	M	43	01:06:28	INDIVIDUAL
1223	911	LUIS ROSA	M	58	01:06:29	INDIVIDUAL
1224	912	CARLOS MARUTA	M	37	01:06:30	INDIVIDUAL
1225	757	ILÍDIO MONTEIRO	M	65	01:06:47	BE SMART
1226	622	MIGUEL A G S LEAL	M	57	01:07:12	INDIVIDUAL
1227	832	ANTÓNIO RODRIGUES	M	31	01:07:14	INDIVIDUAL
1228	411	MARTINHO FREIRE	M	69	01:07:18	CD ESTRELA
1229	730	VITOR RAFAEL	M	52	01:07:21	AÇOREANA C BANIF
1230	727	TAM AFONSO	M	63	01:07:21	AÇOREANA C BANIF
1231	722	ANTONIO GUEDES	M	45	01:07:21	AÇOREANA C BANIF
1232	735	LUIS NEVES	M	42	01:07:22	AÇOREANA C BANIF
1233	736	NUNO E SANTO	M	45	01:07:22	AÇOREANA C BANIF
1234	725	PEDRO BURGUETTE	M	40	01:07:22	AÇOREANA C BANIF
1235	726	JOAQUIM OLIMPIO	M	65	01:07:23	AÇOREANA C BANIF
1236	734	NELSON MOTA	M	45	01:07:23	AÇOREANA C BANIF
1237	729	JOAO MELO	M	29	01:07:23	AÇOREANA C BANIF
1238	738	ANTONIO JORGE	M	61	01:07:26	AÇOREANA C BANIF
1239	391	CASSIANO CUNHA	M	72	01:07:42	CD ESTRELA
1240	909	ANA LOPES	F	45	01:08:03	INDIVIDUAL
1241	183	RITA MANSO	F	44	01:08:05	CLUBE STRESS
1242	145	JOSE P S PINTO	M	36	01:08:10	INDIVIDUAL
1243	469	DEOLINDA SANTOS	F	44	01:08:28	INDIVIDUAL
1244	748	SUSANA S N V E HENRIQUES	F	32	01:08:59	INDIVIDUAL
1245	1024	FERNANDO FERREIRA	M	77	01:09:14	C BENFICA ALG M MARTINS
1246	685	FERNANDO FERREIRA	M	69	01:09:18	C MILLENNIUM BCP
1247	558	ANTÓNIO O NASCIMENTO	M	49	01:09:28	N&A CNAS
1248	994	Mª SILVA DIAS	F	70	01:09:34	SC REBOLEIRA DAMAIA
1249	520	RUI FRANGO	M	49	01:09:35	GARMIN/ CO OEIRAS
1250	467	SARA FILIPE	F	36	01:09:41	INDIVIDUAL
1251	90	ANA L G N SOUSA	F	44	01:09:50	INDIVIDUAL
1252	109	LIDIA RESIO	F	46	01:09:54	LIDIA E CARLOS
1253	590	EDITE SANTIAGO	F	54	01:10:31	RUNLOVERS
1254	65	ALEXANDRA RUIVO	F	49	01:10:34	TARTARUGAS SOLIDÁRIAS
1255	1124	ISADORA COSTA	F	27	01:10:41	4 AO KM
1256	286	ISABEL LINO	F	67	01:10:42	LINDA-A-PASTORA SC
1257	1089	ISABEL CABRAL	F	57	01:10:58	DO RANGEL
1258	397	LUZ FREIRE	F	65	01:11:03	CD ESTRELA
1259	784	ANABELA ESTEVES	F	51	01:11:04	SS CGD
1260	370	JOEL RODRIGUES	M	42	01:11:29	MAFRA COM VENTO ESTABIL
1261	378	LUIS M M MATIAS	M	49	01:11:29	INDIVIDUAL
1262	868	JOSÉ M PEREIRA	M	53	01:11:31	INDIVIDUAL
1263	1122	SEZINANDA GUERREIRO	F	34	01:11:53	INDIVIDUAL
1264	417	TIAGO SILVA	M	38	01:12:06	INDIVIDUAL
1265	649	ANA M G FERNANDES	F	36	01:12:10	INDIVIDUAL
1266	625	ANA NI RIBEIRO	F	36	01:12:12	INDIVIDUAL
1267	221	MICAELA REIS	F	24	01:12:15	COFINA RUNNERS
1268	821	CRISTIANA ALMEIDA	F	51	01:12:18	SS CGD
1269	705	RODRIGO A L MONTEIRO	M	24	01:12:36	INDIVIDUAL
1270	1343	ANA MOTA	F	40	01:12:56	INDIVIDUAL
1271	1049	ROSA GONÇALVES	F	48	01:13:23	C BENFICA ALG M MARTINS
1272	804	LUIS PARIS	M	50	01:13:40	SS CGD
1273	1333	PATRÍCIA GONÇALVES	F	40	01:14:28	INDIVIDUAL
1274	1337	JOAQUIM SÁ ARAÚJO	M	70	01:14:44	AA PEGO LONGO
1275	543	CARLA P FERNANDES	F	39	01:14:46	CORRER LISBOA
1276	540	RITA GONÇALVES	F	40	01:14:58	SS MONTEPIO GERAL
1277	761	GUALDINO FREIRE	M	70	01:15:41	CCDT METRO LX
1278	346	ANA SILVA	F	57	01:16:55	GRD OS FIXES
1279	739	HELENA SANTOS	F	52	01:17:21	AÇOREANA C BANIF
1280	998	ANA C FERREIRA	F	25	01:17:22	AÇOREANA C BANIF
1281	737	SANDRA MARTINS	F	38	01:17:22	AÇOREANA C BANIF
1282	732	CLAUDIA TAM	F	33	01:17:23	AÇOREANA C BANIF
1283	723	SOFIA GUEDES	F	40	01:17:23	AÇOREANA C BANIF
1284	733	ANA CANAVEIRA	F	48	01:17:24	AÇOREANA C BANIF
1285	1303	JORGE R RIBEIRO	M	74	01:19:24	INDIVIDUAL
1286	223	NUNO JERÓNIMO	M	48	01:19:32	COFINA RUNNERS
1287	1394	ESTER MENDES	F	49	01:19:39	INDIVIDUAL
1288	817	TERESA PEREIRA	F	52	01:23:15	SS CGD
1289	1418	NOÉMIA COELHO	F	61	01:23:16	RUNNING
1290	1354	MARIA AGUIAR	F	44	01:23:18	AB CAMPOLIDE
1291	418	LILIANA CARVALHO	F	30	01:23:40	INDIVIDUAL
1292	144	LUIZA SANTO	F	20	01:30:46	INDIVIDUAL
1293	143	FILOMENA SANTO	F	46	01:30:46	INDIVIDUAL

Total de registros: 1293